

# The 5th Charing 10K

Plus Children's Race

Saturday 6<sup>th</sup> September 2014 at 10.30am

Supporting Charing School

Held under UK Athletic Rules. UKA Licence applied for

A race in and around the village of Charing – suitable for all standards.

**\*\* Medal to all finishers \*\***

**Prizes/awards for:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Males, First Male Senior, Vet Categories 1-7, First Male Team (of 3)  
1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Ladies, First Lady Senior, Vet Categories 1-7, First Lady Team (of 3)  
1<sup>st</sup> Charing Mum and 1<sup>st</sup> Charing Dad; 1<sup>st</sup> Husband and Wife

Prize giving and presentations in the School approx 60 minutes after first runner home

**Venue: Charing School, School Road, Charing, Kent**

**Toilets, changing facilities, baggage area and refreshments available**

**ENTRY FEE:** 10K £12.00 attached £14.00 unattached £2.00 extra on the day  
Children's Race £3.00

**ENTRY LIMIT:** 350. Postal closing date is 2<sup>nd</sup> September but entries accepted on day subject to availability

**PLEASE ENCLOSE:** large SAE. **CHEQUES:** Payable to 'Charing PTFA'

**ENTRIES:** Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

**ENTER ONLINE – PLEASE VISIT [www.nice-work.org.uk](http://www.nice-work.org.uk) for links**

**Enquiries/more information: 01797 230009**

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Please enter me for the Charing 10K [  ] Children's Race [  ]

SURNAME \_\_\_\_\_ FORENAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

AGE ON 6/09/2014 \_\_\_\_\_ Sex: Male/Female (delete as applicable)

ADDRESS \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Post Code \_\_\_\_\_

TELEPHONE NO \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

RUNNING CLUB \_\_\_\_\_ Affiliated Yes/No. Estimated Time \_\_\_\_\_

I declare I will be over 15 years of age on 6/9/14 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. If under 18 years of age, entry form should be signed by a parent/guardian.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here [  ]