



# Bethany School

## 10K & 5k

**Plus 1 mile Children's Dash**  
**Sunday 31<sup>st</sup> August 2014 at 10.30am**

**Raising funds for Dandelion Time**

**Held under UK Athletic Rules. UK Licence applied for.**

A brand new event for the Kent running calendar. With a choice of 10k or 5k, the multi-terrain route takes in the beautiful scenery surrounding Bethany School. The race aims to raise funds for Dandelion Time, a charity which supports young people traumatised by abuse. There will be a bouncy castle and an ice cream van available.

**\*\* Medal to all finishers \*\* \*\* Prizes for leading runners \*\***

**Prizes/trophies for:** 1st, 2nd, 3rd Males, First Male Senior, Vet Categories 1-7, First Male Team (of 3)  
 1st, 2nd, 3rd Ladies, First Lady Senior, Vet Categories 1-7, First Lady Team (of 3)

Prize giving and presentations will be approx 60 minutes after first runner home

**Venue: Bethany School, Curtisden Green, Goudhurst, Cranbrook, Kent, TN17 1LB**

**Toilets and changing facilities**

ENTRY FEE:	10K	£13.00 attached	£15.00 unattached	£2.00 extra on the day
	5k	£8.00 attached	£10.00 unattached	£2.00 extra on the day
	Children's Dash	£3.00		

ENTRY LIMIT: 500. Postal closing date is 24<sup>th</sup> August but entries on the day subject to availability

PLEASE ENCLOSE: large SAE. CHEQUES: Payable to 'Nice Work'

ENTRIES: Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsch, East Sussex TN31 6TA

**Enquiries/more information: 01797 230009**

**ENTER ONLINE PLEASE VISIT [www.nice-work.org.uk](http://www.nice-work.org.uk)**

-----  
 Please enter me for the Bethany School 10K [ ] 5k [ ] Children's Race [ ]

SURNAME \_\_\_\_\_ FORENAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

AGE ON 31/08/2014 \_\_\_\_\_ Sex: Male/Female (delete as applicable)

ADDRESS \_\_\_\_\_

\_\_\_\_\_ Post Code \_\_\_\_\_

TELEPHONE NO \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

RUNNING CLUB \_\_\_\_\_ Affiliated Yes/No. Estimated Time \_\_\_\_\_

I declare I will be over 15 years of age for the 10k and 11 years of age for the 5k on 31/08/14 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. If under 18 years of age, entry form should be signed by a parent/guardian.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here [ ]