



# The 3<sup>rd</sup> London Easter 10k

Plus 1 mile Easter Egg Scurry

A great Easter race event for all the family

Easter Monday 21<sup>st</sup> April 2014 at 10.30am

Regents Park, London

Held under UKA Rules. UKA Licence applied for.

Accurately measured course

There will be Easter eggs and other seasonal goodies on offer plus a medal waiting for you at the finish of this 10k race held in the splendid surroundings of London's Regents Park.

**\*\*Medal and Easter Eggs to all finishers - plus plenty of goodies at the finish!!\*\***

**Prizes/trophies for:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Males, First Male Senior, Vet Categories 1-7, First Male Team (of 3)  
1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Ladies, First Lady Senior, Vet Categories 1-7, First Lady Team (of 3)  
Prize giving and presentations approx 45 minutes after first runner home

**Race Start:** 10.30am

**ENTRY FEE:** Main race £18.00 attached £20.00 unattached £22/£25 on the day  
1 Mile Scurry £5 Adults £3.00 Children Under 16

**ENTRY LIMIT:** 500 Closing date is 14<sup>th</sup> April 2014 but entries accepted on day subject to availability

**PLEASE ENCLOSE:** SAE **CHEQUES:** Payable to 'Nice Work'

**ENTRIES:** Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

**MORE RACE INFORMATION AND LINKS TO ONLINE ENTRY AT** [WWW.NICE-WORK.ORG.UK](http://WWW.NICE-WORK.ORG.UK)

Please enter me for the London Easter 10k [ ] 1 Mile Easter Egg Scurry Adult [ ] Child [ ]

SURNAME \_\_\_\_\_ FORENAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

AGE ON 21/4/2014 \_\_\_\_\_ Sex: Male/Female (delete as applicable)

ADDRESS \_\_\_\_\_

Post Code \_\_\_\_\_

TELEPHONE NO \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

RUNNING CLUB \_\_\_\_\_ Affiliated Yes/No. Estimated Time \_\_\_\_\_

I declare I will be over 15 years of age on 21/04/14 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshal's and organiser's instructions. If under 18 years of age application should be signed by a parent/guardian.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here [ ]

