Andems Runners assisted by Rochdale Harriers present

The Lynne Edmondson Memorial & Christine Navan's Brownhousewham Reservoir Race

Association of Running Clubs Rules. I	Permit No)
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11.30am Sunday 14th December 2014 from the Red Lion, Whitworth Square, Whitworth, Rochdale. (A671 Burnley Rd)

Andems Runners are staging this 5k run around Brownhousewham Reservoir in memory of Lynne & as an honour to Christine. Pproceeds to **SPRINGHILL HOSPICE.**

Entry Fee £6.00 to unaffiliated £4.00 to Club Runners. £1.00 extra on day, Cheques payable Andems Runners LEMR to Andy O'Sullivan MBE 40 Crowshaw Drive, Lower Healey, Rochdale, OL12 OSR.

Enter online at BookitZone.com

Telephone enqs (01706) 750620 or info@andemsrunners.co.uk

Prize to ALL Finishers. Prizes in all categories. Scenic course/well marshalled. Start and finish outside Red Lion Pub.

Please pool vehicles and park in Cowm Park Way South. Please support this very worthwhile race in memory of this very special person.

Registration and Prizegiving in the Red Lion.. Food Available. Fine Ales.

Name	
Address	
Club (If Any)	Tel No
UK Athletics No	e-mail