

Thank you for choosing to enter the DONCASTER 5K and Fun Run - WEDNESDAY 10TH JULY 2019.

Doncaster AC proudly presents one of the highlights of the year, the competitive vets and open 5k races plus our ever popular Johnny Machale Fun Run.

The Fun Run starts at 7pm, vets race 7.30pm and open race 8pm using chip timing technology for accurate race timing in the main races, below are the chip fitting instructions.

High quality shirts for all finishers and medals for fun run finishers, with fun run trophies for first male and female.

Prizes for main 5k vets and open races:
£100,£75,£50 cash prizes for first three male and female finishers and a gold salva for male and female winners.
Gift vouchers for all vet categories and first under 20 male and female. Also male and female club team prizes. First 3 winners will not qualify for vet category prizes.

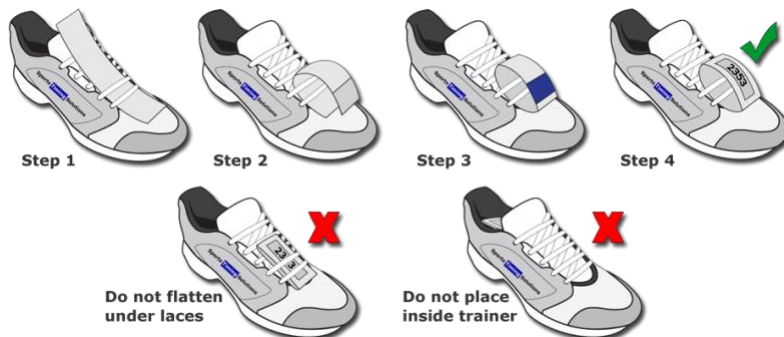
PLEASE NOTE:

- **THE WEARING OF ANY HEADPHONES IN THE 10K RACE IS STRICTLY FORBIDDEN IN COMPLIANCE WITH UKA SAFETY REGULATIONS. BREACH OF THIS RULE WILL MEAN INSTANT DISQUALIFICATION.**
- **TO QUALIFY FOR TEAM PRIZE CLUB VESTS MUST BE USED.**
- **entries on the day subject to numbers.**

PLEASE VISIT OUR EVENT WEBSITE FOR UPDATED INFORMATION (<http://www.doncasterathleticclub.com>)

Timing Chips

This year we will be using a disposable timing chip that is to be fixed onto your trainer. its lightweight and fully disposable. Please ensure that you fit it correctly following the instructions below:



Ensure that the timing chips forms a loop and is not flattened in any way

Important Event Information

Date: Wednesday 10th July 2019

Start Time: Fun Run 7pm, vets 5k race 7.30pm, open 5k 8pm

Address of Venue:

The race HQ is situated in the Mercule Danum Hotel, High St. DN1 1QZ

Car Parking is available in the market place and town centre car parks. Road closures commence 6.45pm to 9pm.

Please allow plenty of time to park up and reach the start, particularly if you are collecting your number or entering on the day

Start Area

The start is located on Hallgate, approx 200m from race HQ. Finish in the Market Place.

Entries

All entries received prior to 26th June. will be posted out, after that date numbers must be collected on the day. Entries on the day will be available subject to race entry numbers not exceeding the permit limit.

Toilets

Toilets are located in the market place and race HQ.

The Course

The course is well marshalled and involves town centre route with perimeter road closures.

Litter

If you use gels or other sports nutrition on the course please do not litter. Leave any litter, either at the water station or with a marshal or hang on to it and dispose of it responsibly yourself. Your co-operation to eliminate race generated litter would be appreciated.

Thank-you again for supporting our race