

## SANDALL BEAT TRAIL 10k - 8th June 2022 Race licence 2020/39515 Run Under UKA Rules

Thank-you for entering our Race and please find enclosed your race number, we are so pleased to be back. This year we are posting out the numbers to ease congestion on the night, for entries made up to midnight 27th May 2022. The results will be manually processed a couple of days after the race.

Once again, we are using the tremendous facilities of Castle park, the home of the Championship Rugby Club the Doncaster Knights. They will be providing us with changing and showering facilities and a licensed bar.

Sandall Beat Wood is the most popular woodland in Doncaster, it was established in the early 1800's and is recognised as a site of special scientific interest and local nature reserve. The woodland covers 140 acres and is well served by many woodland trails making it the ideal venue for this 10K race. Doncaster Athletic Club makes good use of the woodland and surrounding area on their training nights. The start and finish areas have changed following site developments but remain within the Doncaster Knights grounds and improve the safety of all runners.

The surface conditions are in general, well-made trails, grass, stone and a few hundred meters of tarmac towards the finish. Depending on the amount of rainfall some areas can be wet and muddy underfoot.

Medals and water to all fun run finishers and a shoulder bag for all 10k finishers, plus a complimentary chocolate bar and water. We hope all entrants can still enjoy the bags dated 2020 following cancellation of the race.

Prizes of £100, £75 and £50 to the 1st, 2nd, 3rd male and female finishers, this year we have added trophies to the first male and female. Only cash prizes will be given out on the night

FUN RUN STARTS 7PM AND 10K 7.30PM.