

Thank you for choosing to enter the CUSWORTH 10K AND FUN RUN on Sunday 2nd October 2022

Doncaster AC proudly presents one of the highlights of the year, the competitive 10k race featuring the picturesque Cusworth Hall grounds.

The Fun Run starts at 9.45am, main race 10.30am, using chip timing technology for accurate race timing in the main race, below are the chip fitting instructions.

High quality shirts for all finishers and medals for fun run finishers, with fun run trophies for first male and female.

Prizes for main race:

£100, £75, £50 cash prizes for first three male and female finishers and a gold Salva for male and female winners. Gift vouchers for all vet categories and first under 20 male and female. Also, male and female club team prizes. First 3 winners will not qualify for vet category prizes.

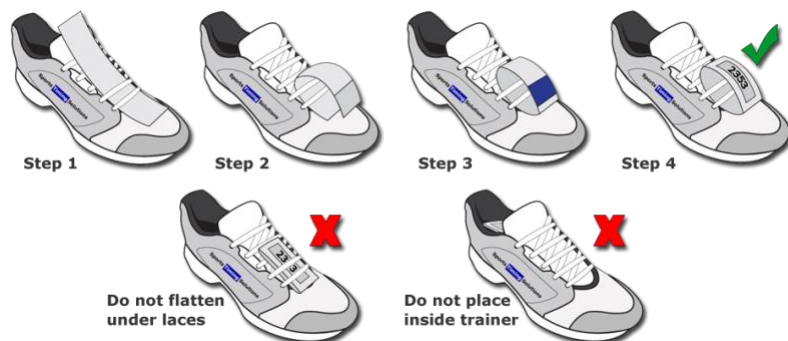
PLEASE NOTE:

- **THE WEARING OF ANY HEADPHONES IN THE 10K RACE IS STRICTLY FORBIDDEN IN COMPLIANCE WITH UKA SAFETY REGULATIONS. BREACH OF THIS RULE WILL MEAN INSTANT DISQUALIFICATION.**
- **TO QUALIFY FOR TEAM PRIZE CLUB VESTS MUST BE USED.**
- **entries on the day subject to numbers, will not qualify for prizes.**

PLEASE VISIT OUR EVENT WEBSITE FOR UPDATED INFORMATION (<http://www.doncasterathleticclub.com>)

Timing Chips

This year we will be using a disposable timing chip that is to be fixed onto your trainer. its lightweight and fully disposable. Please ensure that you fit it correctly following the instructions below:



Ensure that the timing chips forms a loop and is not flattened in any way

Important Event Information

Date: Sunday 2nd October 2022

Start Time: Fun Run 9.45am, main race 10.30am

Address of Venue:

The race HQ is situated in Cusworth Hall grounds DN5 7TU

Car Parking is available in the GROUNDS FOR A SMALL FEE. There is a small increase in the race entry due to council road closure fees.

Please allow plenty of time to park up and reach the start, particularly if you are collecting your number or entering on the day

Start Area

The start is located near to the hall, all runners will be directed to the start 15 minutes prior to start time.

Entries

All entries received prior to 15th September, will be posted out, after that date numbers must be collected on the day. Entries on the day will be available subject to race entry numbers not exceeding the permit limit.

Toilets

Toilets are in hall grounds.

The Course

The course is well marshalled and involves road closures.

Litter

If you use gels or other sports nutrition on the course, please do not litter. Leave any litter, either at the water station or with a marshal or hang on to it and dispose of it responsibly yourself. Your co-operation to eliminate race generated litter would be appreciated.

Thank-you again for supporting our race, it is great to be back