

CUSWORTH 10k ROAD RACE AND FUN RUN

RACE LICENCE 2019/36792 / COURSE MEASUREMENT CERT / CHIP TIMING

SUNDAY 29th SEPTEMBER 2019

FUN RUN 09.45 10K 10.30

£100, £75 AND £50 CASH PRIZES TO FIRST 3 MEN/WOMEN

10th anniversary year celebrating with spot prizes
VOUCHERS TO CATEGORY WINNERS AND MEDALS TO FUN RUN

SPONSORED BY METRES TO MILES

INCORPORATING The Yorkshire County 10K Championships

.....
Forename: Telephone:
Surname: Email:
Address: Club name:
UKA number:
Age: D.O.B.
Veteran/age cat:
Postcode: Sex (m/f):
.....

YOUR ENTRY - Please tick appropriate box:

£14 - 10K Road race - Affiliated Club Members,
inc. £2 discount - minimum age 15yrs.

£16 - 10K Road race - Unattached Runners minimum
age 15yrs.

£3 - Fun Run - All runners (under 9s must
be supervised by an adult)

Entries after 22nd September incur a £2 levy and will not qualify for prizes

Yorkshire County 10K Championships – Please tick this box - To take
part (resided in Yorkshire for 9 months & member of UKA Yorkshire club)

Please send entries and payment (cheques/postal orders payable to Doncaster Athletic Club) to: Race Secretary, 3, Byram Court, Balby, Doncaster DN4 8GD. No postal entries accepted after Friday 27th September 2019

I declare that I am an amateur as defined by the UK Athletics rules and agree to abide by these rules. I am medically fit and understand that I enter at my own risk and agree that the organisers shall not be liable for any accidents, injuries, loss or damage that may occur as a result of my participation in this race and that should the race be cancelled for any reason I may not be eligible for a refund of my entry fee.

Signed:..... **Date:**

Race information and on-line entry available on-line at www.doncasterathleticclub.com.