

# **LEICESTERSHIRE & RUTLAND AA PENTATHLON CHAMPIONSHIP**

**and OPEN COMBINED EVENTS COMPETITION**

**Saturday 3<sup>rd</sup> September 2016 (10 - 6.30)**

**Saffron Lane Athletics Stadium, Leicester, LE2 7NL**

## **UNDER 17 MEN**

**(Open and Champs)**

100m Hurdles, Shot Put, Long Jump,  
High Jump, 1500m

## **UNDER 17 WOMEN**

**(Open and Champs)**

80 Hurdles, Shot Put, Long Jump,  
High Jump, 800m

## **Under 15 Girls (Open and Champs)**

75m Hurdles, Shot Put, Long Jump,  
High Jump, 800m

## **Under 15 Boys (Open and Champs)**

80m Hurdles, Shot Put, Long Jump,  
High Jump, 800m

## **Under 13 Boys (Open and Champs)**

75m Hurdles, Shot Put, Long Jump,  
High Jump, 800m

## **Under 13 Girls (Open and Champs)**

70m Hurdles, Shot Put, Long Jump,  
High Jump, 800m

## **Age 8-10 Boys & Girls QuadKids (Open only)**

75m, Long Jump, Howler, 600m

Or: Wheelchair 75m sprint, 110m Slalom, Grip Ball and  
200m

**Closing date (online): 22<sup>nd</sup> August 2016**

**Enquiries: [contact@LRAA.org.uk](mailto:contact@LRAA.org.uk)**

**Information, rules and entry fee details on [www.LRAA.org.uk](http://www.LRAA.org.uk)**

**Online entry: [https://bookitzone.com/Leics\\_Athletics/2p2FFX](https://bookitzone.com/Leics_Athletics/2p2FFX)**

