

**Prospectus for the 2016 Leicestershire & Rutland and Warwickshire  
County Track and Field Championships  
Saffron Lane Athletics Stadium, Leicester, LE2 7NQ - Saturday 14th & Sunday 15th May  
Terms and Conditions**

It is a condition of entry that you read this prospectus and accept the conditions in it. The Championships are held under UKA Rules and the Rules of the two local County Athletics Associations.

**1 UK ATHLETICS RULES** All events will be subject to UKA Rules for Competition.

N.B new UKA Rules come into effect on 1/4/16 but Rule numbers below use 2014 Rule Book numbers

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**2 CLUB MEMBERSHIP & CLOTHING** Athletes who are a member of a club affiliated directly or indirectly to UK Athletics must include their EA number on the entry form. They should wear their club vests at competition. All athletes are reminded that all clothing must be clean, and so designed and worn as not to be objectionable, even if wet. Brand names on clothing must comply with the UKA rules.

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**3 EQUIPMENT** The organisers will provide implements for the throwing events. Competitors may use their own implements provided that these are booked in a minimum of one hour prior to the scheduled start of the individual event and approved by the Technical Manager. Competitors must supply their own poles in the Pole Vault. Competitors own starting blocks may be used if they conform to regulations and are approved by the Starter's Assistant on the day.

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**4 ELIGIBILITY** County qualification is either by birth in the County, by 9 months continuous residence\* prior to competition or by 9 months service in a unit of HM forces stationed in the County.

Warwickshire is defined as the Warwickshire pre-1974 boundary which includes Birmingham, Coventry, Solihull and Warwickshire (as for cricket!).

\*Please note UKA Rule 9 and notes which explains a) the residence conditions relating to students in term-time and b) issues relating to those who have moved out of the area but have not competed for any other County since their move.

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### **5 Key Points for 2016**

This year's event will follow the same general format as last year (in Nuneaton) but will be in Leicester.

- The meeting will once again be supported by Electronic Distance Measuring and Electronic Timing.
- A start list and detailed timetable will be published on both County websites before the event.
- Masters can enter as Seniors but there are no events or medals specifically for Masters.
- All Club athletes (other than the Under 11 QuadKids entries) **MUST** provide their EA number which will be checked with EA before the meeting. **Athletes not in a club and who are entering with a school affiliation only do not need a number, but must state their school.**
- You must **confirm your entry each day at Registration** at least 45 minutes before the event start time. There is no discretion on this. Do not ask for special treatment. *Late arrivals cause considerable extra work for the volunteer organisers and for fellow athletes if the event is delayed.*
- The meeting manager public mobile phone number can be called in case of emergencies. The number will be available in the programme and on the County websites prior to the event.

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### **7 Enquiries**

Please address any enquiries to us using the special email address for the Championships:

**twocountychamps@btinternet.com**. Do **NOT** contact Midland Counties AA or the stadium staff or the online booking website (BookItZone) as they are not responsible for the competition and cannot help you.

## Entry Information and Conditions of Entry

1 You can enter on paper or you can enter on line.

If you enter on line **The closing time is 21:59 on Saturday 23<sup>rd</sup> April 2016.**

If you enter on paper **The forms and payment must arrive by 10:00 on Friday 15<sup>th</sup> April 2016**



Here is a direct link to the on line entry system

You can also download a paper entry form from there or from the county websites

The Leicestershire & Rutland AA website is: [www.LRAA.org.uk](http://www.LRAA.org.uk)

The Warwickshire County AA website is: [www.WarwickshireCountyAA.co.uk](http://www.WarwickshireCountyAA.co.uk)

Please give contact details for the athlete or their parent/guardian rather than club or coach to ensure that queries are dealt with promptly.

- Senior and Under 20 £7.00 on line £7.50 on paper
- Under 13 – Under 17 inclusive £6.00 on line £6.50 on paper
- Under 11 QuadKids £5.50 on line £6.00 on paper
- *Parallel Success Open competition for classified athletes – see separate Prospectus*

**\* The entry fees for each event have not increased this year**

**2 Online Entries:** You will need to register first with “Bookitzone” (and receive their emailed acknowledgement) if you have not used them before. You will be sent a confirmation email once you have paid for your entry. If you do not get the entry confirmation mail then your entry has not been accepted or you have made a mistake in typing your e-mail contact address. We or Bookitzone will also send you a mail sometime between the closing date and the meeting to let you know more details of the meeting including the precise timetable.

**3 Paper Entries:** You need to complete the paper entry form and send it to the address on the form. Confirmation will be sent by text or email (to the mobile number or email address supplied) that your entry has been received but you must also look at your County web site for more detail such as the timetable.

**4 Late Entries and/or requests for event changes after the closing date**

The Championship policy is to refuse late entries or alter entries after the closing date. The organisers will not discuss issues such as “late entries” or “entries lost in the post” or “internet failure” or any reason at all over the championship weekend. If you see a problem with your entry such as the wrong date of birth or age group then use the “contact us” facility to give us the correct details.

**5 Event Cancellation and Refunds**

The organisers may cancel an event if there are very few or no entries or if the athletes can be otherwise accommodated. If an event is cancelled then athletes will be informed beforehand and given a refund. Refunds will not be given for any other reason. If the entire meeting or a complete day is cancelled for any reason (this has never happened before) then all athletes will be refunded 80% of their fees. The Counties will retain 20% to cover unavoidable costs.

**6 Awards from both Counties**

County Championship medals will be awarded to the first three competitors per event/gender/County regardless of the number of entries.

**7 Photography**

The official event photographer is “Event-pics” who will take pictures of athletes from both Counties and the photographs will be available to purchase on the day or afterwards at <http://www.event-pics.co.uk>. Further details will be provided in the programme. If you wish to be excluded from the photographs on display please let the Meeting Manager know. *If you see anybody acting inappropriately, with or without any form of photography equipment, please tell the nearest Technical Official immediately.*

**8 Parallel Success Open competition:** *See separate Prospectus and Conditions of entry for Ambulant Parallel Success Open events.* Due to a clash with the BWRA event there are no events for wheelchair users this year. Parallel Success participation medals will be awarded to all classified athletes.

## Available Events and Field Event Information for U13 to Senior Age Groups (Please see the separate Draft Timetable available on the websites)

### Male events on Saturday (not U11)

*Track:* 100m, 300m (U15), 400m (U17 and older), 1500m, 1500m Steeplechase (U17), 3000m Steeplechase (U20 and older), Sprint Hurdles.

*Field:* High Jump (U17 and older), Long Jump (U13 and U15), Pole Vault, Discus, Hammer, Shot Put.

### Male events on Sunday (not U11)

*Track:* 200m, 800m, 5000m (U20 and older), 400m Hurdles, 2k Walk (U13 only), 3k Walk (U15 and older)

*Field:* High Jump (U13 and U15), Long Jump (U17 and older), Javelin, Triple Jump (U15 and older).

### Female events on Saturday (not U11)

*Track:* 200m, 800m, 5000m (U20 and older), Sprint Hurdles.

*Field:* Long Jump (U13 and U15), High Jump (U17 and older), Pole Vault, Discus, Hammer, Shot Put.

### Female events on Sunday (not U11)

*Track:* 100m, 300m (U15 and U17), 400m (U20 and older), 1500m, 300m Hurdles (U17 only), 400m Hurdles (U20 and older), 2k Walk (U13 only), 3k Walk (U15 and older), 1500m Steeplechase (U17), 2000m Steeplechase (U20 and older).

*Field:* High Jump (U13 and U15), Long Jump (U17 and older), Javelin, Triple Jump (U15 and older).

### Field Event trials and entry heights

Other than the Pole Vault and High Jump, athletes in the U13, U15 and U17 age groups field events will be given 4 trials. Athletes in the U20 and Senior age groups will be given 3 trials but the top six in each age group, irrespective of County will be given three more.

Starting heights	U13G	U13B	U15G	U15B	U17W	U17M	U20W	U20M	SenW	SenM
High Jump	1.05	1.05	1.15	1.25	1.25	1.35	1.25	1.40	1.25	1.40
Pole Vault	1.50	1.50	1.70	1.70	1.70	2.00	1.70	2.00	1.70	2.00

The Triple Jump board must be at least 7m.

Athletes using their own implements must have them weighed and checked a minimum of 60 minutes prior to the start of their event.

### Available events - U11 Boys and Girls – all on Sunday

U11 athletes enter the Quadkids competition in which they do four events which are scored on points and added together to find the overall champion for each County. There are medals for the first three overall (boys and girls). The events are: Long Jump, Howler Throw, 75m sprint and 600m run. **U11 athletes must be aged 9 or 10 at midnight on 31<sup>st</sup> August 2016.**

### Available events – Parallel Success Open Competition

**Saturday Track:** 100m Ambulant (Male), 200m Ambulant (Female), 1500m Ambulant (Male)

**Saturday Field:** Ambulant Shot (Male and Female), Ambulant Discus (Male and Female)

**Sunday Track:** 100m Ambulant (Female), 200m Ambulant (Male), 1500m Ambulant (Female)

**Sunday Field:** Javelin Ambulant (Male and Female), Long Jump Ambulant (Male and Female)

### Other County Track Championships

Both Counties offer county track championship events on other dates and other venues. Please check their websites for information about these events later in the season.