

Sunday 16th August 2015 at Saffron Lane Athletics Stadium, Leicester LE2 7NQ

COMBINED EVENTS 2015 ENTRY INFORMATION

This is the second year of the Combined Events Open Meeting incorporating the County Combined Events Championships in partnership with Leicestershire & Rutland Athletics Association (L&RAA). The Pentathlon events are held under the 2015 UKA Rules. The QuadKids competition uses the guidelines of QuadKids UK and incorporates a new UKA Disability option.

The Combined Events Open: The event includes the following age and gender categories.

- ❖ **Under 17 Men:** 100m Hurdles, Shot Put, Long Jump, High Jump, 1500m
- ❖ **Under 17 Women:** 80m Hurdles, Shot Put, Long Jump, High Jump, 800m
- ❖ **Under 15 Boys:** 80m Hurdles, Shot Put, Long Jump, High Jump, 800m
- ❖ **Under 15 Girls:** 75m Hurdles, Shot Put, Long Jump, High Jump, 800m
- ❖ **Under 13 Boys:** 75m Hurdles, Shot Put, Long Jump, High Jump, 800m
- ❖ **Under 13 Girls:** 70m Hurdles, Shot Put, Long Jump, High Jump, 800m
- ❖ **Age 8-11 Boys/Girls:** 75m, Long Jump, Howler, 600m
or **Wheelchair** sprint, Slalom, Grip Ball, 200m

The County Championships (also see www.LRAA.org.uk)

The event includes the following age and gender categories entering the same five disciplines:

Under 17 Men, Under 17 Women, Under 15 Boys, Under 15 Girls, Under 13 Boys, and Under 13 Girls.

Age Group Qualifying Dates for the Open Competition and the L&RAA Championships

- ❖ Under 17 athletes are aged 15 or 16 on 31st August 2015
- ❖ Under 15 athletes are aged 13 or 14 on 31st August 2015
- ❖ Under 13 athletes are aged 11 or 12 on 31st August 2015
- ❖ QuadKids athletes are aged at least 8 on 16th August and are 8, 9, 10 or 11 on 31st August 2015

Rules for County Championships

The event is held under UKA Rules and you also need to be aware of the following conditions

For the Championships you will need to be eligible by either **birth** in the Counties of Leicestershire or Rutland, or by **continuous residence** in either of those Counties in the 9 months prior to the Championships. You must indicate on the paper or on line entry form your criteria for entry.

All Championship athletes who are in a club must wear their club vests.

All the athletes for the Championships and the Open will compete together.

Medals and Results: L&RAA County Medals will be awarded to the first three male and female Under 17, Under 15 and Under 13 athletes in the Combined Events County Championships

Medals for the Open competition will be awarded to the first three male and female Under 17, Under 15, Under 13 and QuadKids athletes

No athlete will be awarded more than one medal

Results will be displayed on the day and medals will be presented at the end of the day

The results, once verified will be available on the L&RAA website and the Power of 10

Timetable

A full timetable will be published after the closing date on the events page of www.LRAA.org.uk. The competition begins at 10:00. The QuadKids event finishes at 16:30; the Pentathlon events finish at 18:30.

Enquiries: Contact@LRAA.org.uk **OR** Leicesterathletics@mail.com

Entry Fee: Under 17s/15s - £23 (£21.80 Online); Under 13s - £21 (£18.80 Online); Quadkids - £7 (£6.00 Online)

