

LEICESTERSHIRE & RUTLAND ATHLETICS ASSOCIATION

90th CROSS COUNTRY CHAMPIONSHIPS SATURDAY 9th JANUARY 2016
Burbage Common, Hinckley, Leics LE10 3DD

INDIVIDUAL PAPER ENTRY FORM – if possible use the online entry system which has a later closing date
YOU MUST READ THE PROSPECTUS AND CONDITIONS OF ENTRY BEFORE COMPLETING THIS FORM

SECTION 1: PERSONAL DETAILS (complete all questions please)

Full Name (PRINT CLEARLY):

Date of Birth:

Club (or School if no club and still at school):

Note that a school has first claim over a club. You do not have to be a club member to enter.

EA (England Athletics) Number (FOR CLUB MEMBERS):

Address (INCLUDING POST CODE):

Mobile Tel No:

Email Address:

[This will be the only contact used for confirming by text or email that we have received your entry]

SECTION 2: COUNTY QUALIFICATION: Please circle or delete ONE as appropriate

Born in Leics/Rutland Yes / No or **9 month continuous residence** Yes / No or **Armed Services** Yes / No

SECTION 3: AGE CATEGORY ENTERED (place an X in the age category you are entering)

Under 13 Girl		Under 13 Boy	
Under 15 Girl		Under 15 Boy	
Under 17 Woman		Under 17 Man	
Junior (Under 20) Woman		Junior (Under 20) Man	
Senior* Woman		Senior* Man	
Master* (35+) Woman		Master* (35+) Man	

*Note new rule: maximum time allowed is STRICTLY 75 minutes

SECTION 4: ENTRY FEE

Senior/Master/Junior (Under 20) - £7.50; Under 15, Under 17, and Under 13 - £5.50

I enclose a cheque/postal order payable to Leics & Rutland AA for £ _____

SECTION 5: DECLARATION (must be completed)

- ✓ I declare that to the best of my knowledge the athlete named above is medically fit to compete and that the details shown above are correct.
- ✓ The race is run under UKA/ECCA rules by which I agree to abide. The Race Referee's decision shall be final.
- ✓ I have read the Prospectus/Conditions of Entry and declare that all the details I have provided meet the Rules set out for these Championships.

Signed:

Date:

(For competitors under 16 this **must** be signed by Parent or Guardian)

Send Entry Form and correct Entry Fee to: L&RAA, c/o Cherie D'Silva, 41 Highcroft Avenue, Oadby, Leicester LE2 5UH
(you can also email your form to: contact@LRAA.org.uk but send the paper copy and entry fee by post)

CLOSING DATE FOR POSTAL/PAPER ENTRIES IS STRICTLY 5 pm on 16th DECEMBER 2016