



The Nottingham Winter 5K Series

Wednesday's 17th November 2021, 15th December 2021, 19th January 2022, 16th February 2022, 16th March 2022, 20th April 2022 at 7.30 pm

Held under UK Athletic Rules. UKA Licence applied for.

Following another successful year in 2019 the Nottingham Winter Series returns again in 2021. The races are flat out and back route along the Embankment and runners of all standards are welcome, including beginners. Medal and finish line goodies to all finishers. Points awarded for race positions, with the best three races to count towards series results.

Prizes and trophies for winners and winners of vet categories

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ENTRY FEE:					.00 extra on the day
		£50.00 £60.0	, .	\sim	J
			7.00 attached	£,33	3.00 unattached
Special club pr		,		,	se email for details
ENTRY LIMIT: 200	 Postal closing subject to ava 	•	efore race day but e	ntries ac	cepted on day
CHEQUES:	Payable to 'A	ctive House LTI	O' MORE INFORM	MATION	V: 01797 229955
ENTRIES: Nice Wo	rk, Office 3, Ry	e Wharf, Harbou	r Road, Rye, East S	ussex, T	N31 7TE
MOI	RE INFO & O	NLINE ENTF	RY LINKS: www.1	<u>iice-wor</u>	k.org.uk
Please enter me for Nottin	ngham 5k: Novem	ber [] December	[] January [] Febru	ary []	March [] April []
SURNAME	FOF	RENAME	DA	TE OF BI	RTH
AGE ON RACE DAY	CE DAY Sex: Male/Fem				plicable)
ADDRESS					
		Pos	t Code		
TELEPHONE NO		EMAIL ADD	RESS		
RUNNING CLUB/TEA	M NAME			Affil	iated Yes/No.
	npanying me in cor n and that I will not	sequence of my part participate in the ev	cicipation in this event. ent unless I am medica	I also decla lly fit to do	
SICMATUDE		DA	TE		