



# The 4<sup>th</sup> Coalville 10K

## Plus Children's Dash

### Sunday 11<sup>th</sup> October 2015 at 10.30am

The Coalville 10k returns for a fourth time in 2015 and the race has really established itself on the local running calendar. The race uses the trails, footpaths and roads within Snibston Country Park, near Coalville. The self contained course also incorporates plenty of car parking, toilets, good spectator viewing and refreshment facilities. The challenging course makes the event ideal for experienced runners and beginners alike or those simply looking for a good, timed Saturday run. The race will be looking to raise funds for the Coalville Rotary Club.

**Race held under UK Athletic Rules. UK Licence applied for.**

**\*\*Medal to all finishers \*\* Plus Finish Line Goodies!!\*\***

**Prizes/trophies for:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Males, First Male Senior, Vet Categories 1-7, First Male Team (of 3)  
1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Ladies, First Lady Senior, Vet Categories 1-7, First Lady Team (of 3)

Prize giving and presentations approx 60 minutes after first runner home

**Venue: Snibston Country Park, Snibston, Ashby Road, Coalville, Leicestershire, LE67 3LN**

### Toilets and parking

ENTRY FEE: 10K £12.00 attached £14.00 unattached £2.00 extra on the day  
Children's Dash £3.00

ENTRY LIMIT: 350. Postal closing date is 1<sup>st</sup> October but entries on the day subject to availability

PLEASE ENCLOSE: large SAE. CHEQUES: Payable to 'Nice Work'

ENTRIES: Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

**ENTER ONLINE visit [www.nice-work.org.uk](http://www.nice-work.org.uk) for links**

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Please enter me for the Coalville 10K [ ] Children's Dash [ ]

SURNAME \_\_\_\_\_ FORENAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

AGE ON 11/10/15 \_\_\_\_\_ Sex: Male/Female (delete as applicable)

ADDRESS \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Post Code \_\_\_\_\_

TELEPHONE NO \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

RUNNING CLUB \_\_\_\_\_ Affiliated Yes/No. Estimated Time \_\_\_\_\_

I declare I will be over 15 years of age on 11/10/15 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. If under 18 years of age application should be signed by a parent/guardian.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here [ ]