

49th PARBOLD HILL RACE

Skelmersdale Boundary Harriers
(Under ARC Rules)

Saturday 16 Feb 2019 at 2:00pm

Approx. 6.75miles Multi Terrain

Sponsored by



THE
EnduranceStore
www.theendurancestore.com

Start/Finish Richard Durning's Endowed Primary School,

□□□Chorley Rd, Bispham, Nr. Parbold. L40 3SL□□□□

Parking at Hilldale Village Hall, Church car park opposite, & Farmer's Arms

NO ROAD PARKING AT ALL - PLEASE CAR SHARE

Prize list totals more than £1,200

Men: 1st to 10th **Ladies:** 1st to 6th

Team prizes: 1st 4 male counters per club, 1st 3 female counters per club

Vets: Men: o/40,45,50,55,60,65,70 Ladies: o/35,40,45,50,55,60,65

Any Vet finishing in 1st 10 men or 1st 6 ladies, is not eligible also for the veteran's prize list

No Vet's Prize given if age is not **CLEARLY** stated

Entries c/o John Thompson, 90, The Hawthorns, Ecclestone, Chorley, Lancs. PR7 5QW

Tel: 01257 453778

E-Mail: john.a.thompson@bt.com

Affiliated: £8.00, Unattached: £10.00 + £1.50 on day

Entries will only be allowed on the day if the race is not full

Online entries at www.bookitzone.com and results available from: www.ukresults.net

Cheques payable to: Parbold Hill Race Acc.

Include SAE for return of number. Postal Entries close 12th Feb 2019

Name _____ M F DOB ___/___/___ Age on Race day (16 Min)

Address _____

Postcode _____ Tel _____ E-mail _____

Affiliated Club _____

Declaration: I am eligible to compete as defined by **ARC rules**, and I am medically fit to run. I understand that the above Club, Event Organisers or anyone associated with the Race will in no way be held responsible for any injury or illness, or any loss or damage to my personal property during the event.

Signed.....Date.....Parbold Hill Race /2019