



Spenborough and District Athletic Club presents the



SPEN 20

On Sunday 13th March 2022, start 10am prompt

N of E licence under UKA rules

A two loop race over 20 miles from Princess Mary Athletics Stadium,
Cleckheaton, West Yorkshire, WF15 6LW (2 miles from junction 26 M62)

Incorporates Yorkshire 20 miles Championship

FACILITIES: parking, changing, showers, drinks, refreshments and results on the day. SMK sports will attend to sell athletics gear.

ENTRY FEE: £18 Affiliated club members, £20 Unattached runners. £2 extra for entry on the morning but eligible for prizes. Cheques payable to Spenborough and District A.C. The entry fee includes the posting of your race number and runner's information.

ONLINE ENTRIES: Online entries available via BookitZone.com – Search 'Spen 20' or scan the QR code above.

POSTAL ENTRIES: Complete and post the form below to Chris Drake, 4 Chapel Fold, Lower Wyke, Bradford BD12 9AE.

Enquiries on 01274 678363 before 9.30.pm please.

PRIZES: First 10 Men, First 5 Ladies, Vets in usual 5 year age categories, Men's and Ladies team prize (3 to count).

RUNNERS INFORMATION: Marshals may be withdrawn after 3 hours 30 minutes. Anyone expecting a time well in excess of this may be accommodated by an earlier start in exceptional circumstances.

First Name _____ Surname _____

Address _____

Email _____

Telephone _____ Yorkshire Champs (please circle) Yes No

Club or U/A _____ EA number _____

Age _____ DOB _____ Male / Female (please circle)

I am eligible as defined by UKA laws. I am medically fit to enter and run at my own risk. I shall not hold organisers or sponsors responsible for any injury or loss/damage to property.

Signed _____ Date _____

