



Croxley Green 10k Christmas Cracker

Plus 2 mile fun run/walk and Children's Santa Dash

Saturday 21st November 2015 at 10.30am

Held under UK Athletic Rules. Licence applied for

This Festive dash should be a cracker of an event. There is a Goody Bag and Festive goodies for all finishers. A festive medal will also be waiting for you at the finish. The route covers a three lap circuit in and around the Croxley Green Business Park, with a mixture of trail and road. The race will be looking to support local causes.

****Medal and Goody Bags to all finishers - plus festive goodies at the finish!!****

Prizes/trophies for: 1st, 2nd, 3rd Males, First Male Senior, Vet Categories 1-7, First Male Team (of 3)
1st, 2nd, 3rd Ladies, First Lady Senior, Vet Categories 1-7, First Lady Team (of 3)

Prize giving and presentations approx 60 minutes after first runner home

Venue: Croxley Green Business Park, Watford, WD18 8YR

Toilets and refreshment facilities

ENTRY FEE: 10k £13.00 attached £15.00 unattached £2.00 extra on the day
Fun run £5.00 Children's Dash £3.00 ENTRY LIMIT: 350

Postal closing date is 17th November but entries accepted on day subject to availability

PLEASE ENCLOSE: SAE. CHEQUES: Payable to 'Nice Work'

ENTRIES: Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

ENTER ONLINE – visit www.nice-work.org.uk

Enquiries/more information: 01797 230009

Please enter me for the Christmas Cracker 10k [] Children's Santa Dash [] 2 Mile Fun Run []

SURNAME _____ FORENAME _____ DATE OF BIRTH _____

AGE ON 21/11/2015 _____ Sex: Male/Female (delete as applicable)

ADDRESS _____

Post Code _____

TELEPHONE NO _____ EMAIL ADDRESS _____

RUNNING CLUB _____ Affiliated Yes/No. Estimated Time _____

I declare I will be over 15 years of age on 21/11/15 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. If under 18 years of age application should be signed by a parent/guardian.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here []