



TEESDALE ATHLETIC CLUB

Raby Castle 10km

(Course Measurement Certificate No. 04/021)

Plus 5km Fun Run

1200 metre Fun Run

Staindrop, Darlington, Co. Durham

Sunday 18th May, 2014

Early Start Times

5km Fun Run 10.00 am
10km Run 10.45 am
1200m Fun Run 10.50am

Memento to all finishers
&
Prizes for leading
finishers

£50 bonus for male and
female course record.

Male: 30:16: Yared Hagos 2012
Female: 35:54: Sarah Tunstall, 2009

UKA Licence Number
2014-10655 Provisional
UKA Rules Apply

Please note: The course is around the beautiful parkland surrounding the castle. Mostly on tarmac but with a short good quality section of woodland trail. Due to the estate's many deer, traffic has to be carefully controlled as it enters and leaves the parking area. Final details will be confirmed in the race instructions but note that parking will be a 15 minute walk from the start.



Entry Form - Please complete in block capitals

Surname..... Male / Female (please delete)

First Name..... Date of Birth..... Age on day of race.....

Address..... Athletic Club.....

..... UKA Reg. No.

..... Telephone No.....

Post Code..... E-mail.....

Note: Provision of email address authorises Teesdale AC to address emails for purposes of Teesdale AC Race information only.

10km Race (Min. age 16 years): Entry Fee £10 affiliated £12 unaffiliated

5km Fun Run: Entry Fee £5

1.2km Fun Run(Under 12 yrs old only) Entry Fee £1 Total Enclosed

Cheques payable to: Teesdale Athletic Club. Send entries to: Lilac Cottage, Whorlton, Barnard Castle, Co. Durham. DL12 8XA. Please enclose a C5 size stamped addressed envelope with your cheque and entry form. Please ensure you attach stamps of the correct value to your envelopes. Teesdale AC takes no responsibility for non-delivery. Closing date for postal entries, Friday 2nd May.

**10km Race - Entries on day additional £2 per entrant.
5km accepted ONLY up to 09:15am, 10km & 1.2km accepted ONLY up to 10:00am.**

DECLARATION: I declare that my participation in this event is entirely my own risk and that none of the organisers or sponsors of the event, nor their members, servants or agents shall be liable in any way whatsoever in connection with any loss, damage, injury or death either caused to, or suffered by or caused by me. Neither are they responsible for any of my personal property lost, stolen or damaged. The organisers reserve the right to refuse entry.

Signature..... Date.....
(Parent/Guardian to sign if the applicant is under 18yrs of age on the day of the event)

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**Barnard Castle
Décor & Carpet Centre**