

Andems Runners assisted by Rochdale Harriers present

**The Diane Modahl Young Athletes Trail 5K Race**

(ARC Rules. Permit No )

7pm Wednesday 22<sup>nd</sup> April 2015 from the Oxford Pub, Whitworth Road,  
Rochdale, OL12 OSW. (A671 Burnley Rd)

Andems are delighted to stage this two lap Brownhouse Wham Reservoir Race in honour of Diane who was Commonwealth 800 Metres Champion in 1990. The proceeds to Diane Modahl Sports Foundation. This will promote the Athletics Stars of the future.

**This event is also aimed at stimulating public interest in the young Athletes in this area!!!!**

Entry Fee £4.00 to Affiliated Runners. £6.00 to unaffiliated. £1.00 extra on Night. Cheques payable 'Andems Runners DCRR' to Andy O'Sullivan MBE, 40 Crowshaw Drive, Rochdale, OL12 OSR. Collect Race Numbers on the night.

Extensive Prize List. Prize to all finishers. Scenic/Mainly 'Off Road' course with steep hill start. Well Marshalled. First Aid.

**Please Pool Vehicles and use Marathon Belting and Oxford Pub Car Parks.**

Please retain above and return below to organisers.

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Name.....Age.....Sex.....

Address.....

Club (If Any)..... Tel No.....

I accept that the Organisers cannot be held responsible for any injury, damage or loss, incurred before, during or after this 5K Trail Race. I am physically fit and enter at my own risk

Signed ..... Dated.....  
(By Parent or Guardian if U/18)

**From ukresults.net**