Andems Runners assisted by Rochdale Harriers present

The Ian Casey Memorial Cowm Reservoir Race

(Association of Running club Laws. Permit No

7pm Thursday 10th May 2018 from the Cock & Magpie, Cockhall Lane, Whitworth. OL12 8BJ. (A671 Burnley Rd)

Andems are staging this 5K around the trail & tarmac 2 lap Cowm Reservoir course in memory of Ian who was a very popular Royton Road Runner. Proceeds to Heart Charities & Mollie Campbell.

Entry Fee £4.00 to Club Runner £6.00 Unaffiliated. £1.00 extra on night.

Cheques payable Andems Runners ICMR to: Andy O'Sullivan MBE, 40 Crowshaw Drive, Rochdale, OL12 OSR.

Enqs info@andemsrunners.co.uk

Collect Race Numbers on Night. Please park in Cowm Park Way South.

Prizes in all categories. Well Marshalled. Very Scenic course.

PLEASE USE THIS RACE AS COUNTER IN CLUB CHAMPS.

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Ian Casey 5k 2018		
Name	AgeSex	
Club (If Any)	Tel No	
Address		
1	ers cannot be held responsible for any loss, injury of during or after this race. I am physically fit and en	
Signed(By Parent if U/18)	Dated	

From ukresults.net