

Andems Runners assisted by Rochdale Harriers present

Ron Hill's 77th Birthday Brownhouse Reservoir Race.

(ARC Laws. Permit No)

2 pm Saturday 26th September 2015 from the Oxford Pub.
Whitworth Rd, Rochdale, OL12 OSW.

Andems are staging Ron's 77th Birthday 5K, this is a two lap course of the scenic Brownhouse Wham Reservoir. Dr Ron Hill has long been regarded as Britain's Greatest ever long distance Athlete.

Prizes in All Categories. **Commemorative Mug to All Finishers.** First Aid. Scenic Course. Accurate Course.
PLEASE CAR SHARE & PARK AT MARATHON BELTING & OXFORD CAR PARKS.

Entry Fee £7.00 to attached. £9.00 to U/A. **Strict limit 200.**
If available £2.00 extra on Day, enter early to avoid disappointment. Cheques payable **Andems Runners RH77th.**
To Andy O'Sullivan, MBE 40 Crowshaw Drive, Rochdale, OL12 OSR. Tel Enqs (01706) 750620 or info@andemsrunners.co.uk

Proceeds to Turning Point & Diane Modahl Sports Foundation.

Name.....Age.....Sex.....
Address.....
Club (If Any)..... Tel No.....

I accept that Andems Runners cannot be held responsible for any injury, loss or damage occurring before, during or after the Ron Hill 5K. I am physically fit and enter at my own risk. I am not aware of any Health condition likely to cause problems.
.....Signed.....Dated (By Parent if U/18