

Andems Runners assisted by Rochdale Harriers present
The Geoff Doggett Memorial 5K Cowm Trail Race.
(Association of Running clubs laws. Permit No)

7pm Tuesday 30th April 2019 from the Cock & Magpie Pub, Cockhall Lane,
Whitworth, Rochdale, OL12 8BJ. (A671 Burnley Rd)

Andems are staging this accurately measured 5K (Cert No)
In memory of Geoff who dedicated his life to Athletics and in particular,
Salford Harriers. Proceeds to include Springhill Hospice, Mollie Campbell &
Whitworth CRUK.
There will be **one** lap for U/13's, same start time, entry fee £2.00.

Entry Fee £4.00 to Club Runner. £6.00 unaffiliated. £1.00 extra on night.

Cheques payable Andems Runners GDR to:
Andy O'Sullivan, MBE, 40 Crowshaw Drive, Rochdale OL12 OSR.

Enqs on info@andemsrunners.co.uk

**Collect Race Numbers on Night. Please park at Cowm Park Way South, please
Pool Vehicles.**

Extensive Prize list in all categories. Prize to All finishers. Scenic course.

**£50.00 for new Course Record!!! Please use this 5K as Counter in Club
Championships/Grand Prix.**

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Geoff Doggett 5k 2019

Name..... Age Sex

Club (If Any).....

Address.....

Emergency contact Tel No.....

I accept that the organisers cannot be held responsible for any loss, injury or damage incurred before, during
or after this race. I am physically fit and enter at my own risk

Signed Dated

(By Parent if U/18)

ukresults.net