

SILVERDALE DASH

In Aid Of

**WE ARE
MACMILLAN.
CANCER SUPPORT**



A **new** trail race based wholly in Silverdale Country Park, that is approximately 5 miles in distance.
A fun run will be held prior to the main race. Fancy dress is encouraged.
All profits to be donated to Macmillan and the Country Park.

DATE: 19th May 2015
TIME: 19:00 (Fun Run: 18:15)
AT: Silverdale Country Park
HQ: Silverdale Athletic Football Club,
Kents Lane Community Centre, Silverdale,
Newcastle, Staffordshire, ST5 6TA

HELD UNDER UK ATHLETICS RULES. UKA PERMIT: Applied For

Enter at www.Bookitzone.com or by completing the ENTRY FORM below:

FULL NAME: D.O.B: AGE (on race day)

EMAIL ADDRESS: (We will only use for providing race details to you)

RUNNING CLUB: EA NUMBER:

Please tick which race:

- Full Race (minimum age 16) – Affiliated Club Runner £7.50
- Full Race (minimum age 16) – Unattached Runner £9.50
- ½ Mile Fun Run (no minimum age) – Runner/Walker £2.00

Race Numbers are to be collected prior to the race from the registration area at HQ.

I confirm that I am in good enough health to complete the chosen event and accept that the landowner is not responsible for any injury I may sustain. I also understand the park is open to other users and that the park has an off lead policy for dogs:

Signature.....

Date:

Cheques to: Andrew Vickerman.

Return to: Silverdale Dash, 46 Sutton Avenue, Silverdale, Newcastle, Staffs, ST5 6TB

Enquiries to ajvickerman@me.com or 07725125502.

Silverdale Country Park is owned by national charity 'The Land Trust' and managed by charity 'Groundwork West Midlands'.

