



Meltham AC

present the Chip Timed

MELTHAM 10K

***** IPODS AND mp3S WILL NOT BE ALLOWED *****

***** ANYONE CAUGHT WEARING ONE WILL BE STONED TO DEATH !*****

LIMIT 450 RUNNERS

Sunday 26th January 2014

Start time 9.30 am

(Near Huddersfield)

Under UKA rules

Permit applied for

Starting From

Meltham Community Sports Centre, Mean Lane , Meltham, HD9 5QT
Changing facilities, bar and refreshments available

With Support from :-

UP & RUNNING



Market Street , Huddersfield

Memento to all finishers

Parking is limited, please car share where possible

Prizes for 1st 5 men , 1st 5 ladies ,
all vets categories ,
club teams male & female [3 to count]

Plus £ 50.00 UP & RUNNING VOUCHER for new course record.
Mens ; P. Cuskin 30.36 1993 , Womens; A. Pitchrtova 35.49 2005

Name.....
Address.....
.....
.....
.....
Post code.....

Minimum age 16 years

club runners - £ 10.00 , Unattached £12.00

Pre-entry only, no entry on the day

Enter on line at www.ukforms.net / www.bookitzone.com

Closing date for postal entries 21st January

cheques payable to Meltham AC

Numbers and chips to be collected on the day
DO NOT ENCLOSE AN SAE !!

Club.....

Post to event secretary

Age on race day

official use only

Andy Whitworth

Try Cycling

9a North Road

Kirkburton

Huddersfield

HD8 0NX

UKA registration number.....

M / F.....Telephone.....

Email.....

understand that the organisers will in no way be responsible for any
injury / illness due to my participation in this event & that I am an amateur
as defined by UKA laws.

Signed.....Date.....

Email ; trycycling@btconnect.com

Tel. 01484 607830 (day) 01484 646387 (eve)

If we are forced to cancel the race due to bad weather, we will reschedule the event to a later date.

Please tick this box if you do not wish to receive news of promotions and offers from Up & Running

www.runningshoes.co.uk

www.melthamac.com