



BARNSELEY 10K



Sunday 29th November 2015 10.00 am

Course records :-

Male – Andy Norman (Altrincham AC) 30:19

Female – Liz Yelling (Bedford & County AC) 33:55

- A potential road pb course starting in Royston Park and finishing at Royston Leisure Centre.
- Accurately measured course with “CHIP” timing.
- Race organised by Barnsley Athletics Club.
- Prize List in all categories
- 1 mile fun run at 9.15a.m.
- T-Shirt to all finishers in the 10k and medal in the fun run
- UKA race licence applied for
- Parking available

Entry fee – UKA members	£12.00	(£17 after 22 nd November 2015)
Unattached Runners	£14.00	(£17 after 22 nd November 2015)
Fun Run	£2	

One entry per form. Additional forms available at www.barnsleyac.co.uk.

Please make cheque payable to ‘**Barnsley Road Races**’ and send to **Barnsley 10k, 52 Baslow Crescent, Dodworth, Barnsley, South Yorkshire. S75 3SG.**

Closing date for postal entries –22nd November 2015. Entries on the day £17

Please enclose 9’ x 6’ (A5) Stamped Addressed Envelope for race number and directions.

Please enter early race limit 1000.

We regret refunds cannot be made for runners unable to compete but we would be happy to transfer numbers for an admin fee of £2 up to Weds 25th November 2015.

Name :	Address :		
SEX M/F :			
Date of Birth :			
Age on Race Day :			
Telephone No. :	Postcode :		
UKA club (if any) :	Club Reg. No. :		
Please enter me for (Tick one box only)	10K	Entrants for 10K must be over 15 on race day	1 mile fun run
Please specify T Shirt size :			

Declaration (to be completed by all entrants)

I declare that I am an amateur according to the UK Athletics rules and that I am medically fit to run.

I accept that the organisers shall not be liable for any injury, illness or loss of property as a result of my taking part in this event.

In the unfortunate cancellation of the event through circumstances beyond the control of the race organisers, I understand and accept the rules and terms of the entry including that there will be no refund of race fees.

Signature _____
(Parent or Guardian of runners under 18)

Date _____

On-line entries available via www.barnsleyac.co.uk