

Teams

Teams allowed: Yes

Records

Male record: S Bailey - 00:40:33 - 2010

Female record: J Lee - 00:50:13 - 2009

Juniors

Junior races: No

Permit / Insurance

Permit / Insurance: Yes

This race has a Permit and associated UK Athletics insurance from the FRA.

Other information

Start at Elle Bank approx. 1 km from Scout Hut. Counter in the Hayfield Championship.