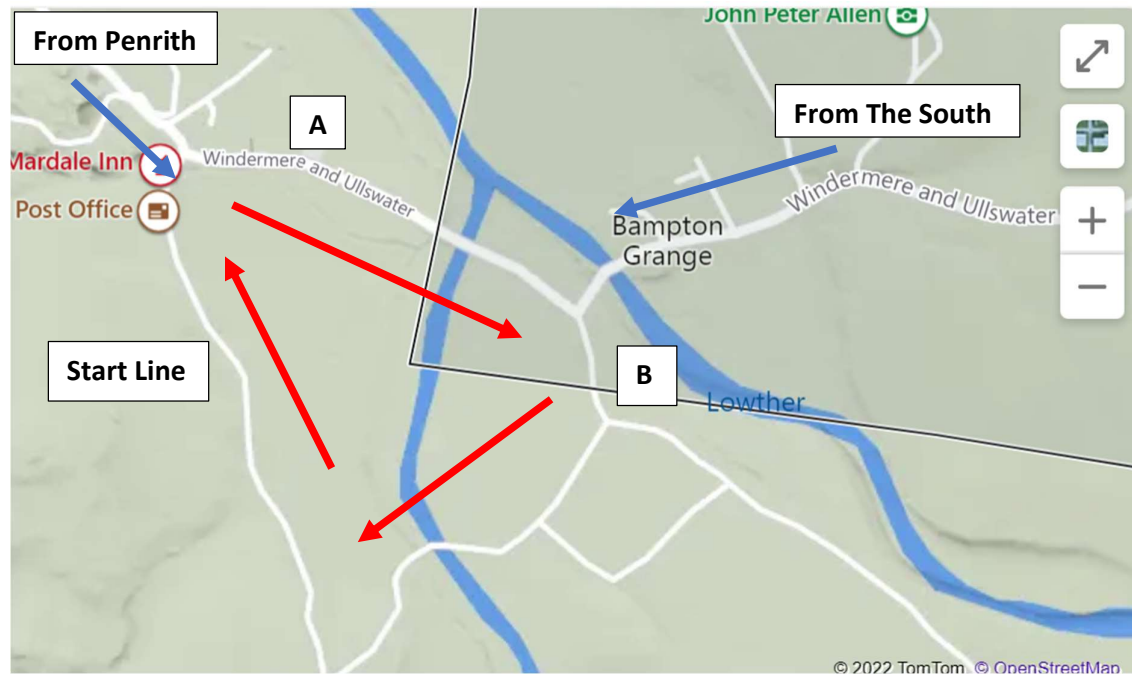


## Runners Information



### **A – Village Hall, Registration, Toilets & Race Finish**

- Restricted/Disabled Parking
  - Entry to this car park only if travelling from Penrith direction/Exit only towards to Penrith direction
  - Strictly no exit until after 1pm

### **B – Parking**

- Unrestricted Parking

There will be a one-way system in operation, so please try to adhere to this

Please try to car share where possible

Roads to the venue are narrow, so please drive carefully

Please **DO NOT** arrive before 9.15am

Please **DO NOT** park on the roadside unless instructed to by a parking marshall

Please **DO NOT** park in the village or block driveways/gateways

### **Registration**

Registration will open from 9.30am

A runners briefing will take place at 11.15am at the Start. Please allow 5 – 10 minutes to walk to the start line

The race is on open roads so **NO** headphones permitted