

**Ackworth Half Marathon** (UKA Race License Number 2016-23388)  
**Monday 28th March 2016 – 09:30**  
**The Water Tower Field, Pontefract Road, High Ackworth, WF7 7ET**



## RACE DAY INFORMATION

Dear Runner,

Thank you for entering our event, please find below information to assist you on the day of the event:

Start Time and Location:

The race will start at 9:30am from the Water Tower Event Field in High Ackworth (Post Code for Sat Navs is WF7 7ET)  
A map is included below showing the start and finish areas and course route.

Car Parking:

**All car parking will be in the event field**, close to the start. Parking **will not** be allowed on the A628 or the roads in the surrounding area which will form part of the course route. Entrance into the car park will be at the top of the hill on the A628 by the water tower. Marshals will be on duty to assist and direct vehicles.

Number & Chip Collection:

**All numbers and chip timing tags must be collected on the day.** Numbers **will not** be sent out in advance. Registration and number collection will be located in the event field near the start area. Race numbers and chips will be available for collection from 07:45 on the morning of the race.

Your race pack will include your race number and safety pins along with your Ipico chip timing shoe tag and fasteners. Please fasten the tag to your shoe as shown in the image below. These must be returned before exiting the finish funnel – marshals will be on hand to assist.



Late Entries:

On the day entries will be taken in the registration and number collection area. Please note that there will be a £2 additional charge to enter on the day and entrants on the day will not be eligible to prizes.

Toilet facilities:

Portaloos will be available in the event field area.

Changing facilities

There are no changing facilities, but we are able to store a limited number of kit Bags at your own risk. Where possible please make your own arrangements to store baggage.

### The Course

The course is an undulating but scenic one lap rural route. It is run on generally quiet country roads and lanes other than for a short section (0.3 mile) of the A628, a 0.86 mile outward section and 1.5 mile return section of the A639. Road closures will be in effect for the first 2.5 miles and for parts of the last 2 miles. The race runs along the edge of High and Low Ackworth, through the small historic village of Wentbridge (both outward and return sections), the fringe of Darrington and the hamlet of Hundhill. There's a bit of a hill in Wentbridge on the outward loop and for the last stretch up Sandy Gate Lane!

### Drinks

Cupped drinks will be available at approximately 2.5m, 4.6m, 6.5m, 8.75m and 11.3m and bottled water will be provided at the finish.

### First Aid:

First Aid will be provided by St Johns Ambulance on the day.

### Race Mementos

All finishers will receive an Ackworth Half Marathon race goody bag and technical t-shirt, bottled water and other goodies courtesy of our kind sponsors.

### Prize Presentation

The results will be produced as quickly as possible after the end of the race and the prize giving will commence as soon as all category winners are determined. Presentations will take place in the marquee used for registration.

This years race will also be part of the Yorkshire Vets Athletics Association championships, prizes will also be awarded for various vets categories if you opted in as part of your online entry.

### Prizes:

Cash Prizes will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Male and Female runners to complete the course and to the winners of the Male and Female Veteran Categories (O/40, O/50, O/60 etc)

A number of spot prizes will also be awarded, courtesy of one of our sponsors, Burntwood Court.

Please note that no competitor will be awarded more than one trophy / prize. Should a veteran finish 1st, 2nd or 3rd overall, then the major prize will be awarded to that person and the veteran prize awarded to the next person home in that category.

### Race Safety:

1. Please use Sandy Gate Lane or the event field to warm up. Please DO NOT use the A628 as it will not be closed to traffic until shortly before the start.
2. Runners should take care at all times to minimise any risk to the safety of themselves, other runners, and other members of the public including cyclists and drivers.
3. We may have a number of blind/partially sighted runners. Please take particular care to give these runners space, especially at points of the course which are not closed to road vehicles.
4. **In line with UKA rules, MP3 players / headphones are not strictly not permitted and the usage of this equipment WILL result in disqualification from the race.**
5. Competitors must complete all fields on the reverse of their race numbers, and must not cut or fold their race number, this can be vital to identify runners in the case of an emergency.
6. The course uses public roads with limited road closures. Please keep to footpaths where possible and take extreme care and caution when running on parts of the course that are not closed to road vehicles. Road vehicles have right of way on roads and at junctions that are not closed off. Runners must give way to cars on any part of the course where it is not safe for runners and cars to pass together.

7. At all times runners must obey any direction given to them by police, marshals, or other race officials. Failure to comply will result in disqualification, possible legal proceeding should an incident occur as a result, and also jeopardises the staging of this event in future years.
8. We hope you enjoy the race, have fun and arrive safely at the Finish. Do take care at all times.

### Course Map

