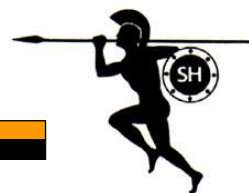


STOCKPORT HARRIERS & ATHLETIC CLUB

An equal opportunities Club: Founded 1911
Affiliated to UK Athletics: Twinned with "The Buffalo Chips, Sacramento"
www.stockportharriers.com



Stockport Harriers AC – OFFERTON 10Km – Race in the park.

Wednesday 9th July 2014, race starts at 07:30 pm

Registration: You must collect your start number before competing. The Registration is open on Race Day from 06.00pm at [Woodbank Stadium, STOCKPORT](http://www.stockportharriers.com). The track is located a short walk away from the local car parks (see below). A start list will be displayed on the event website <http://www.stockportharriers.com/race.htm> so you can check we have your details correct and at the stadium on the day. The 'pre-entry' registration will close 10 minutes before the event so please come with plenty of time to spare.

Numbers are transferable but only with prior agreement from the race organiser. Please get to Registration early as it will be busy. (No number swaps after 7:00pm)

PLEASE NOTE: Entries will be allowed on the day, only if we fail to reach our race limit of 500.

Directions: From junction 27 on the M60 proceed up the A626 (St Mary's Way). Go through one set of lights and up the hill, turning left at the next set of lights into Hall Street (West Way Nissan Garage, on the right). A petrol station will be on the left, immediately after it, turn left into Turncroft Lane. Follow the road and you will see the entrance to [Woodbank Park](http://www.stockportharriers.com), the stadium is situated within the park. PLEASE NOTE: There is no parking allowed within the park or stadium, other than for official vehicles.

Parking:

- (Opt 1) The Woodbank Park entrance now has a small car park for approximately 30 cars. This fills up very quickly. 5 mins walk to the stadium)
- (Opt 2) Continue past the Woodbank Park entrance for 600mts until you reach the [Community Centre car park](http://www.stockportharriers.com) on your left. (5 min walk, but can get congested)
- (Opt 3) Follow the directions as far as Hall Street, but carry on for about ½ mile. At the double sets of traffic lights turn right. [Bank Lane car park](http://www.stockportharriers.com) is 50mtrs on the left. (10 mins walk)

Race Day: Arrive at the Stadium with plenty of time to spare in order to register and pick up your race number. There is plenty of room in the park and around the track to warm up, stretch and familiarise yourself with the route. There are toilets, changing rooms, showers and a supervised baggage area at the track adjacent to Registration. (For security reasons use the baggage area and do not leave any items in the changing rooms)

Start/Finish: The race starts with just over two laps of the track and finishes with a lap of the track. There will be a safety brief two minutes before the race.

A runner competing with someone else's number without informing the organisers by email or at registration beforehand will be disqualified and will not be eligible for prizes or appear in the results. EVERYONE MUST REPORT TO THE FINISH OR INFORM THE RACE ORGANISER VIA A MARSHAL IF THEY RETIRE.

Course: Starting and finishing at the Woodbank Stadium, the home of Stockport Harriers. This testing race is run on the flat paths within Woodbank Park and the hilly twisting paths of neighbouring Vernon Park over three laps. It is well marshalled throughout and the section of the course where you exit one park and enter the next has cones to separate runners going in opposite directions. Please keep to the right of the cones and take note of the direction arrows.

Prizes: will be given in the following categories:

Male and Female 1 st , 2 nd , 3 rd and 4 th	Male MV40, MV45, MV50, MV55, MV60 and MV65+	Female FV35, FV40, FV45, FV50, FV55 and FV60+	Team Prizes Male and Female 1 st three to count
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- PLEASE NOTE:
- 1, In the event of a veteran winning a senior open prize, the prize of higher value will be awarded – only one prize per person.
 - 2, All prizes must be collected on the night. (A fellow runner can collect a prize on a winner's behalf, but no prizes will be sent out following the race)

Spectators: We encourage spectators, and there is plenty of Parkland to explore and watch the runners. Alternatively bring deck chairs, rugs, cameras and a smile. Why not bring your club tent or gazebo along – there is plenty of room. There will be hot and cold drinks and food available, along with various snacks from the tuck shop. Keep your eyes on the website for details.

Photographers: We hope to have photographers around the course and at the finish arena. The photographs will be available on the internet or in the weeks following the event. See around the track and on the website for more details.

Acknowledgements: This event wouldn't have been possible without help of the St John's Ambulance, Stockport Harriers, Sweatshop and all the helpers who have contributed. We are also grateful for the permission of the Local Council UK Athletics and the Police. However, the biggest thanks go to you for supporting the event. We hope you have a great evening out and enjoy the atmosphere of a truly friendly race. Good luck!

www.stockportharriers.com

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Vice Presidents

Dr. Ron Hill MBE Dame Mary Peters MBE Derek Ibbotson Dave Hurst