Bramhall Runners – 2015 Foodbank 5k Series

Run under UKA Rules - Council permit and UKA licence applied for - Approximately 5km run on paths, trails in and around Happy Valley,





The Ladybrook Pub, Fir Road, Bramhall, Stockport, Cheshire, SK7 2N
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Foodbank 1: Thurs, 16th Jul, 7:15pm

£5*

Please tick

Foodbank 2: Thurs, 13th Aug, 7:15pm

£5*

Please tick

Foodbank 3: Thurs 10th Sept, 7:15pm

£5*

Please tick

Start/Finish: Happy Valley, Valley Road, Bramhall, Stockport, Cheshire SK7 2NN

Return to: Anthony Ward, 10 Swan Close, Poynton, Cheshire, SK12 1HX

Cheques Payable: BRAMHALL RUNNERS http://bramhallrunners.co.uk/

Proceeds in Aid of Foodbank, Stockport, Registered charity No. 1133579

Facilities: Toilets, Refreshments, Limited Parking

Prizes 1, 2, 3 M/F; Team Prizes; Vet Prizes

Race Limit: 200 (*£6 entry on the night only if race limit is not reached)

Note 1: Entries must be received 5 days prior to each event.

Note 2: Race numbers to be picked up on the night.

Note 3 Children 7-10 must be accompanied by an adult

U16 Parent/Carer signature is required.

Name:	
Gender:	Age on race day:
DoB: / /	
Affiliated Club: (where applicable)	
UKA Affiliation No: (req)	
Address:	
County:	
Postcode:	
Tel/Mobile: (req)	
eMail: (req)	
I am an amateur as defined by UKA Rules. I be responsible for any loss, damage, illness	am medically fit to take part. I accept the organisers will not or injury sustained as a result of taking part in the race.
Signed:	
Date: / /	
Fee: £	www.crazylegsevents.co.
	crazylegs

Foodbank