



MYERSCOUGH COLLEGE

In association with

GARSTANG RUNNING CLUB

www.garstangrc.co.uk – also on Facebook and Twitter



MYERSCOUGH 10

SUN 5th Dec, 2021 10.00 am

A 10 MILE ROAD RACE OVER A FLAT COUNTRY COURSE

Sandham's Lancashire Cheese and CHIP TIMING!

Run under UKA Rules – NO in-ear headphones



N of E 1/136

STARTING AND FINISHING AT THE EQUESTRIAN CENTRE,
MYERSCOUGH COLLEGE, ST. MICHAEL'S ROAD, BILSBORROW PRESTON, PR3 0RY.
(M6 Junction 32, 4 miles North on A6)

**RACE HQ in the Equestrian Centre with Car Parking & Refreshments
NOT SUITABLE FOR DOGS, WHEELCHAIRS AND PUSHCHAIRS**

**Prizes awarded for the first three men and women,
First male veteran 40, 45, 50, 55, 60, 65, 70, 75 and 80+
First female veteran 35, 40, 45, 50, 55, 60, 65, 70 and 75+
Competitors may receive only one individual prize**

**UKA
Licence
Applied For**

Postal entries (incl. max size A5 SAE – or collect number by 9.30am on the day) to:
Myerscough 10, Woodville, Tarnacre Lane, Churchtown, Preston. PR3 0TB.Tel: 07764 968760

Entries on the day up to race limit if available • **LIMIT 400 Entries**

On-line entries available on www.ukresults.net (see calendar)

MYERSCOUGH 10

FIRST NAME: _____ SURNAME: _____

ADDRESS: _____

POST CODE: _____ TEL: _____ MALE/FEMALE _____

AGE ON DAY OF RACE (Min. 17 years): _____ Email: _____

EMAILS WILL ONLY BE USED TO SEND INFORMATION ABOUT THIS ENTRY OR DETAILS OF OTHER GARSTANG RC RACES ONLY

Category: M MV40 MV45 MV50 MV55 MV60 MV65 MV70 MV75 MV80+

(Please tick) F FV35 FV40 FV45 FV50 FV55 FV60 FV65 FV70 FV75+

AFFILIATED CLUB _____ EA Reg No. _____

FEE ENCLOSED: AFFILIATED £13.00 UNATTACHED £15.00 (Entries on day £3.00 extra)

CHEQUES PAYABLE TO GARSTANG RUNNING CLUB (Myerscough 10)

Closing day for postal entries: MONDAY 29th Nov 2021

I hereby agree that any participation by me in the Event is solely and entirely at my own risk and (to the extent permitted by law) no person(s) or organisation(s) shall be liable for any accident, harm, injury, loss or damage to property, however so caused, arising out of or in connection with or, suffered during or as a result of, my participation in the Event. Full details on www.garstangrc.co.uk/club-races.

I also agree that the organisers may alter details of the race without notice and that, in the unlikely event of abandonment, all or part of my entry fee may not be refunded. There will be no refunds or transfers to another event if an entrant is unable to attend once entered. However the entry can be passed onto another person provided the organisers are informed of the changes.

SIGNATURE (Parent/Guardian if aged under 18) _____ DATE _____