



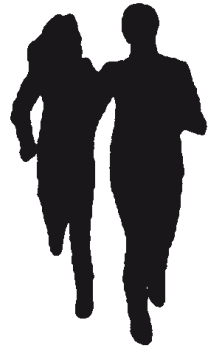
GUY'S THATCHED HAMLET

in association with

GARSTANG RUNNING CLUB

www.garstangrc.co.uk

present the



GUY'S 10



A 10 MILE ROAD RACE OVER A FLAT COUNTRY COURSE
STARTING AND FINISHING AT GUY'S THATCHED HAMLET, BILSBORROW,
NEAR GARSTANG, PRESTON, LANCS., PR3 0RS.
(M6 Junction 32, 4 miles North along A6)

CHANGING AND SHOWER FACILITIES AVAILABLE
NOT SUITABLE FOR DOGS, WHEELCHAIRS AND PUSHCHAIRS

Postal Entries which exceed Licence Limit will be returned

Entries on the day up to race limit if available • **LIMIT 400 Entries**

For online entries go to www.ukresults.net • Run under UKA Rules



UKA
LICENCE
APPLIED FOR

SUN. 4th DEC., 2016 - Start Time: 10.00am

**NOTE
EARLIER
START
TIME**

Mementoes to all finishers
Prizes awarded for the first three men and women,
First male veteran 40, 45, 50, 55, 60, 65 and 70+
First female veteran 35, 40, 45, 50, 55, 60 and 65+
Competitors may receive only one individual prize

Entries (incl. max size A5 SAE) to: Guy's 10, Woodville, Tarnacre Lane, Churchtown, Preston. PR3 0TB. Tel: 07764 968760

CLOSING DATE FOR POSTAL ENTRIES: 28th November, 2016

GUY'S 10

FIRST NAME: _____ SURNAME: _____

ADDRESS: _____

POST CODE: _____ TEL: _____ MALE/FEMALE _____

AGE ON DECEMBER 2nd (Min. 17 years): _____ email address: _____

Category: M MV40 MV45 MV50 MV55 MV60 MV65 MV70+

(Please tick) F FV35 FV40 FV45 FV50 FV55 FV60 FV65+

AFFILIATED CLUB _____

TELEPHONE ENTRIES ARE NOT GUARANTEED

FEE ENCLOSED: AFFILIATED £10.00 UNATTACHED £12.00 (Entries on day £2.00 extra)

CHEQUES PAYABLE TO GARSTANG RUNNING CLUB (GUY'S 10)

I declare that I am an amateur as defined by UKA rules. I certify that I am fit to run and take part in the event at my own risk. I will not hold the organisers responsible for any injury, illness or loss arising from my participation in the event.

I also agree that the organisers may alter details of the race without notice and that, in the unlikely event of abandonment, all or part of my entry fee may not be refunded.

SIGNATURE (Parent/Guardian if aged under 18) _____ DATE _____