

### **GARSTANG RUNNING CLUB**

www.garstangrc.co.uk - also on Facebook and Twitter

# The 35<sup>th</sup> GARSTANG HALF MARATHON

Established 1987 and still as scenic!

## SUN 4th Sept, 2022 10.30 am

Race HQ at Garstang Sports Club, PR3 1EB - **No Parking for Runners** Use High Street or Leisure Centre Car Parks and register at Race HQ.

#### Undulating (with the odd hill!) scenic one lap course

*N*ot suitable for wheelchairs. No dogs.

#### Run under UKA Rules – NO in-ear headphones

PRIZES: 1st, 2nd, 3rd male and female; MV40, 45, 50, 55, 60, 65, 70, 75 and 80+ FV35, 40, 45, 50, 55, 60, 65, 70 and 75+

Race limit 300. Entries on the day up to race limit if available.

#### ONE PRIZE PER RUNNER – MEMENTO FOR ALL FINISHERS



Entries (incl. max size A5 S.A.E.) to: Garstang Half Marathon, Woodville, Tarnacre Lane, Churchtown, Preston. PR3 0TB. Tel: 07764 968760

IF NO ENVELOPE ENCLOSED PICK NUMBER UP ON DAY

On-line entries available on www.ukresults.net (see calendar)

ENTRY FEE: AFFILIATED £14.00 UNATTACHED £16.00 (Entries on day £3.00 extra)

CHEQUES PAYABLE TO GARSTANG RUNNING CLUB (HALF MARATHON)

#### GARSTANG HALF MARATHON

## £2 per head retrospective discount for affiliated clubs fielding 15 or more pre-entered members - paid to the club

FIRST NAME:	SURNAM	[E:	
ADDRESS:			
POST CODE:	TEL:		_ MALE/FEMALE
AGE ON DAY OF RACE	(Min. 17 years):	Date of Birth:	
Email: EMAILS WILL ONLY BE T	USED TO SEND INFORMATION ABOUT	THIS ENTRY OR DETAILS OF	OTHER GARSTANG RC RACES ONLY
AFFILIATED CLUB	LUB EA Reg No		
(	Closing day for postal entri	es: MONDAY 29 <sup>th</sup> Aug	ust 2022
or organisation(s) shall be liable with or, suffered during or as a I I also agree that the organisers entry fee may not be refunded.	for any accident, harm, injury, loss or result of, my participation in the Event may alter details of the race without n	c damage to property, howeve t. Full details on www.garstar totice and that, in the unlikely o another event if an entrant	to the extent permitted by law) no person(s) er so caused, arising out of or in connection ngrc.co.uk/club-races.  The event of abandonment, all or part of my is unable to attend once entered. However
SIGNATURE (Paren	t/Guardian if aged under 18)		DATE