



# Father's Day 10k run

## & fun run for the kids Sunday 18th June 2017

Race starts at 11am  
 George & Dragon Public House,  
 Lancaster,  
 Lancashire, LA1 1RB



- £12 attached,
  - £14 unattached
- Entries on the day £2 extra

**SORRY NO REFUNDS**  
 see our website for 'Cancellation Policy'

Fun Run starts at 11.05 am  
 • £3 per entry

All races under UK Athletics rules.

Medal to all finishers.  
 Prizes: First 3 Men, First 3 Women,  
 First Vet in each category,

**Entries: Online: [www.lancaster-race-series.co.uk](http://www.lancaster-race-series.co.uk),  
[www.ukroadraces.info](http://www.ukroadraces.info) & [www.bookitzone.com](http://www.bookitzone.com)  
 Postal: complete the form & send to: W. Gardner, 58 Sibsey Street,  
 Lancaster LA1 5DF. Enclose an SAE (C5) and a cheque made payable to  
 Lancaster Races Ltd.**

<b>FATHER'S DAY 10K</b>	TICK HERE	OFFICE USE ONLY	<b>FUN RUN</b>	TICK HERE	OFFICE USE ONLY
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Surname \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age on Day \_\_\_\_\_ Gender: M F Postcode \_\_\_\_\_

Email \_\_\_\_\_ Telephone \_\_\_\_\_

UKA Number \_\_\_\_\_ Affiliated Club \_\_\_\_\_

I declare that I am an amateur as defined by UK Athletics rules. I certify that I am fit to run and understand that the organisation will in no way be held responsible for any injury to myself or for the loss or damage to my property during the event.

Signed \_\_\_\_\_ Date \_\_\_\_\_