

present



# The Lancaster Castle

# HALLOWEEN FUN RUN & JAIL BREAK 10K

October 28th 2018



Lancaster Castle, Castle Parade,  
Lancaster LA1 1YJ

Fancy Dress Fun Run starts at 1 pm

• £6 per child (children 8yrs and under to run with an adult)

10k starts at 2 pm

• attached £13, unattached £15

Entries on the day £2 extra for both events

**SORRY NO REFUNDS or SWAPS**

see our website for 'cancellation policy'

**Postal entries: complete the form and send to: W. Gardner, 58 Sibsey Street, Lancaster LA1 5DF. Enclose an SAE (C5) and a cheque made payable to Lancaster Races Ltd.**

**Fun Run:  
Ghoulish  
goodie bag  
& witchy  
medal**

**10k:  
medal to all  
finishers**

Generous donations to at least one of the following charities:

- Lions Club
- Run For The World
- Unique Kidz
- Lancaster & Morecambe AC
- Galloway's Society for the Blind



All races under UK Athletics Rules.

Prizes for each event dependant on entry



**Enter Online at  
[www.lancaster-race-series.co.uk](http://www.lancaster-race-series.co.uk)  
[www.bookitzone.co.uk](http://www.bookitzone.co.uk)**

<b>Lancaster Castle Halloween Fun Run</b>	TICK HERE	<b>Lancaster Castle Jailbreak 10k</b>	TICK HERE
OFFICE USE ONLY		OFFICE USE ONLY	

Surname \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

Age on Day \_\_\_\_\_ Date of Birth \_\_\_\_\_ Gender: M \_\_\_\_\_ F \_\_\_\_\_ Postcode \_\_\_\_\_

Email \_\_\_\_\_ Telephone \_\_\_\_\_

UKA Number \_\_\_\_\_ Affiliated Club \_\_\_\_\_

I declare that I am an amateur as defined by UK Athletics rules. I certify that I am fit to run and understand that the organisation will in no way be held responsible for any injury to myself or for the loss or damage to my property during the event.

Signed \_\_\_\_\_ Date \_\_\_\_\_

