



www.lancaster-race-series.co.uk



Lancaster 5k Series

May - September 2017

One Saturday each Month at 6.30pm

Venue:
**3-1-5 Health Club,
Caton Road,
Lancaster,
LA1 3PE**

All races under UK Athletics rules.

Awards to all finishers.
Prizes: First 3 Men, First 3 Women,

• £4 attached,
• £5 unattached
Entries on the day £2 extra

SORRY NO REFUNDS or SWAPS
see our website for 'Cancellation Policy'

**Entries: Online: www.lancaster-race-series.co.uk,
www.ukroadraces.info & www.bookitzone.com
Postal: complete the form & send to: W. Gardner, 58 Sibsey Street, Lancaster
LA1 5DF. Enclose an SAE (C5) and a cheque made payable to
Lancaster Races Ltd.**

5k race 1 MAY 20th	5k race 2 JUNE 17th	5k race 3 JULY 29th	5k race 4 AUGUST 26th	5k race 5 SEPTEMBER 30th
TICK HERE	TICK HERE	TICK HERE	TICK HERE	TICK HERE
OFFICE USE ONLY	OFFICE USE ONLY	OFFICE USE ONLY	OFFICE USE ONLY	OFFICE USE ONLY

Surname _____ First Name _____

Address _____

Age on Day _____ Date of Birth _____ Gender: M F Postcode _____

Email _____ Telephone _____

UKA Number _____ Affiliated Club _____

I declare that I am an amateur as defined by UK Athletics rules. I certify that I am fit to run and understand that the organisation will in no way be held responsible for any injury to myself or for the loss or damage to my property during the event.

Signed _____ Date _____