



# The Prudent Lancaster Castle Road Races

# Marathon & 10k

## Sunday 17th September 2017

Lancaster Castle, Castle Parade,  
Lancaster LA1 1YJ

All races start at 11 am

Marathon: attached £38, unattached £40

10k: attached £12, unattached £14

Entries on the day £2 extra

**SORRY NO REFUNDS or SWAPS**  
see our website for 'cancellation policy'

Medals to  
all finishers,  
t-shirts for  
Marathon  
finishers

Generous donations to at least one of the following charities:

- Lions Club
- Run For The World
- Unique Kidz
- Lancaster & Morecambe AC
- Galloway's Society for the Blind



All races under UK Athletics Rules.  
Prizes for each event dependant on entry



**Postal entries: complete the form and send to: W. Gardner, 58 Sibsey Street, Lancaster LA1 5DF. Enclose an SAE (C5) and a cheque made payable to Lancaster Races Ltd.**

**Enter Online at**  
[www.lancaster-race-series.co.uk](http://www.lancaster-race-series.co.uk)  
[www.ukroadraces.info](http://www.ukroadraces.info)  
[www.bookitzone.co.uk](http://www.bookitzone.co.uk)

<b>Castle Marathon</b>	TICK HERE	<b>Castle 10k</b>	TICK HERE
OFFICE USE ONLY		OFFICE USE ONLY	

Surname \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

Age on Day \_\_\_\_\_ Date of Birth \_\_\_\_\_ Gender: M F Postcode \_\_\_\_\_

Email \_\_\_\_\_ Telephone \_\_\_\_\_

UKA Number \_\_\_\_\_ Affiliated Club \_\_\_\_\_

I declare that I am an amateur as defined by UK Athletics rules. I certify that I am fit to run and understand that the organisation will in no way be held responsible for any injury to myself or for the loss or damage to my property during the event.

Signed \_\_\_\_\_ Date \_\_\_\_\_

