



present

The Lancaster Castle HALLOWEEN FUN RUN & JAIL BREAK 10K

October 27th 2019



Royal King's Arms Hotel,
75 Market Street,
Lancaster LA1 1JG

Fancy Dress Fun Run starts at 1 pm
• £6 per child (children 8yrs and under to run with an adult)
10k starts at 2 pm
• attached £14, unattached £17
Entries on the day £2 extra for both events

Fun Run:
Ghoulish
goodie bag
& witchy
medal

10k:
medal to all
finishers

**SORRY NO REFUNDS or
SWAPS**
see our website for
'cancellation policy'



Generous donations to at least one of the following charities:

- Lions Club
- Run For The World
- Lancaster & Morecambe AC
- Galloway's Society for the Blind

Postal entries: complete the form and send to: W. Gardner, 58 Sibsey Street, Lancaster LA1 5DF. Enclose an SAE (C5) and a cheque made payable to Lancaster Races Ltd.



**Enter Online at
www.lancaster-race-series.co.uk
www.bookitzone.co.uk**

Lancaster Castle Halloween Fun Run	TICK HERE	Lancaster Castle Jailbreak 10k	TICK HERE
OFFICE USE ONLY		OFFICE USE ONLY	

Surname _____ First Name _____

Address _____

Age on Day _____ Date of Birth _____ Gender: M _____ F _____ Postcode _____

Email _____ Telephone _____

UKA Number _____ Affiliated Club _____

I declare that I am an amateur as defined by UK Athletics rules. I certify that I am fit to run and understand that the organisation will in no way be held responsible for any injury to myself or for the loss or damage to my property during the event.

Signed _____ Date _____

