

Charity

5k Fun Run

Sunday 14th October 2018

All Profits go to



Entry £26 (£30 on the day)
Big Goody Bag to all finishers *
BIG medal, food & drink

SORRY NO REFUNDS or SWAPS
see our website for 'Cancellation Policy'

*no guarantee of goody bag to entries on the day

Race starts at 11am

Venue:
Brew me sunshine
12 Victoria Street
Morecambe LA4 4AE



Postal entries: complete the form and send to: W. Gardner, 58 Sibsey Street, Lancaster LA1 5DF. Enclose an SAE (C5) and a cheque made payable to Lancaster Races Ltd.

Enter Online at
www.lancaster-race-series.co.uk
www.bookitzone.co.uk

5k FUN RUN	TICK HERE	OFFICE USE ONLY
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Surname _____ First Name _____

Address _____

Age on Day _____ Date of Birth _____ Gender: M F Postcode _____

Email _____ Telephone _____

UKA number: _____ Affiliated Club _____

I declare that I am an amateur as defined by UK Athletics rules. I certify that I am fit to run and understand that the organisation will in no way be held responsible for any injury to myself or for the loss or damage to my property during the event.

Signed _____ Date _____