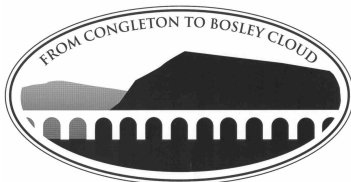


28th CLOUD NINE HILL RACE

11.00am, SUNDAY 1st MARCH 2015



A scenic and challenging off-road race from Congleton to Bosley Cloud (1125') and back, via the ancient Bridestones (c 2000 BC). Organised by CONGLETON HARRIERS under FRA rules

First of the 2015 Congleton Race Series: Trail, Fell & Road

Cloud 9 [March]

Passing Clouds [June]

Congleton Half-Marathon [October]

Distance 9m, ascent of 1250' (14.5K, 381m) (BM)

Showers, changing and baggage store

Shoe wash at finish / Post race massage

Registration: *Leisure Centre (CW12 1DT / SJ862632)*

Free soup & roll to all finishers

Finest home-made cakes and hot drinks

Well marked and marshalled course

Start: *Brunswick Wharf (CW12 1RG / SJ865634)*

PLEASE NOTE THAT FULL BODY COVER MUST BE CARRIED – KIT CHECKS WILL BE MADE

SEE http://fellrunner.org.uk/pdf/committee/14_Competitors_Safety_Rules_and_Equipment.pdf

SORRY, NO DOGS OR MP3 PLAYERS ALLOWED WITH RUNNERS. PLEASE CAR SHARE WHERE POSSIBLE

PRIZES

(only 1 prize to be awarded per entrant)

Men: 1st 10, 1st, 2nd & 3rd V40, 1st, 2nd & 3rd V45, 1st, 2nd & 3rd V50, 1st V55, 1st V60, 1st V65, 1st V70

Ladies: 1st 6, 1st & 2nd V40, 1st & 2nd V45, 1st V50, 1st V55, 1st V60, 1st V65, 1st V70

Teams: 1st Men's team (3 to count, wearing club colours)

1st Ladies' team (3 to count, wearing club colours)

Overall: 1st local unattached man & lady (Congleton and surrounding area)

COUNTER FOR 2015 CONGLETON RACE SERIES [All 3 races]

Men: 1st and 1st Vet (V40 and above)

Ladies: 1st and 1st Vet (V40 and above)

More details and online entry at www.congleton-harriers.co.uk/cloud9

**** ONLINE PRE-ENTRY ONLY – STRICTLY NO ENTRIES ON RACE DAY ****

ALL race numbers to be collected from registration on the day of the race by 10.45am

Entry: £7 (+ online fees) - £1 from each entry will be donated to charity

Souvenir Race T Shirts - £8 each – men's and ladies' sizes

Closing date for entries: midnight Wednesday 25th February 2015

Email: cloud9@congleton-harriers.co.uk | **twitter:** @Congletonseries

Facebook: Search for Congleton Harriers