

CASTLE HOWARD
TRAIL RACES
2014

10k Trail Race, 6k Trail Race & 1k Children's Dash
(held in accordance with UK Athletics rules of competition, permit application pending)

SUNDAY 15th JUNE 2014

Presented by
Welburn Community Primary School P.T.A. & Pickering Running Club
(All proceeds in aid of Welburn Community Primary School P.T.A. - Reg. Charity 1089835)

In Association with
SWEATSHOP, Trail Running Association & UK Results

by kind permission of The Hon. Simon Howard

Entries to: Rachael Dunbar, c/o 25 Vine Street, Norton, Malton, YO17 9JD or **on-line** at www.ukresults.net
Enquiries: info@castlehowardtrailrace.org.uk or Tel: 07805 617586

First Name _____ Surname _____
Address _____
Postcode _____ Tel. _____
Date of Birth _____ Age on Race Day _____ Sex M /F _____
E-mail Address: _____
Attached Y/N? _____ Club _____ U.K.A. Reg. No _____

	Entry Type	Tick	Amount (£)
10k Trail Race (11.15am start, 16yrs+)	Unattached - £12.00		
	Attached (UKA Member) - £10.00		
6k Trail Race (10am start, 13yrs+)	Unattached - £10.00		
	Attached (UKA Member) - £8.00		
1k Children's Dash (10.05am start, Under 13yrs)	Standard Entry -£3.00		
	For children pledging to raise minimum £5 sponsorship, then no entry fee required* (Sponsor form at www.castlehowardtrailrace.org.uk)		*Please bring sponsorship on race day
Additional donation to help Welburn Community Primary School (optional)			
Total Amount Enclosed (cheques payable to Welburn CP School PTA)			

GIFT AID. Please help us make your additional donation worth even more. If you are a UK taxpayer we can reclaim 25p in every £1 donated. If you wish Welburn CP School to reclaim the tax on your additional donation please tick this box

**** PLEASE ENCLOSE 9x6" SAE (For Race Number) with 1st Class Stamp ****

Entries on the day £3.00 supplement, if places are available. Due to nature of course we regret wheelchair entries cannot be accepted.

Declaration. I declare that I am an amateur according to U.K. Athletics laws. I understand that I take part entirely at my own risk and accept that the organisers shall not be liable for any injury or illness to my person as a result of taking part, nor for any damage to or loss of property.

Signature _____ (or responsible adult if under 18) Date _____

Your details may be passed to UK Athletics. Please tick here if you do not wish your details to be forwarded to UKA

For more race information visit us at www.castlehowardtrailrace.org.uk

