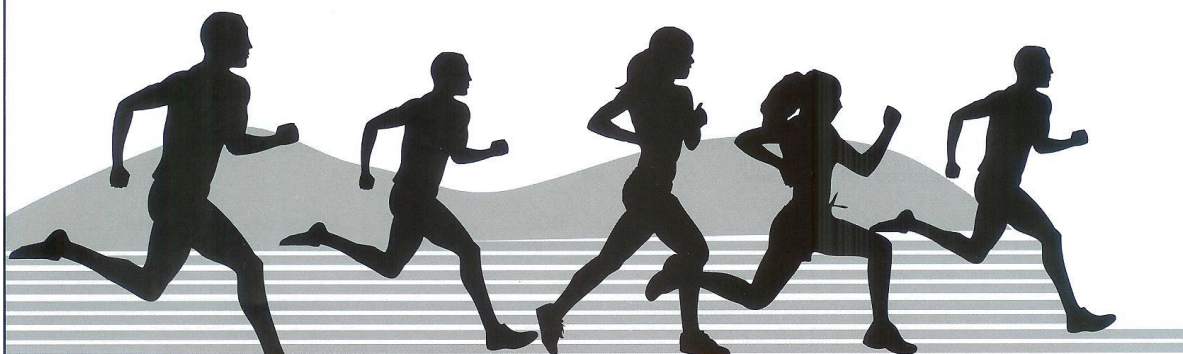


SUNDAY 22ND JUNE 2014



PUMA
PUMA PUDSEY
10K
& FUN RUNS 2014



UNDER 8's FUN RUN

Starts 9.30am
400m flat route on path in Pudsey Park
Entry £1.00
Medals & Goody Bags for all finishers

2 MILE FUN RUN

Starts 10.00am at Greenside Primary School, near the cenotaph
One lap route through Fartown
Entry £2.00 (9-15yrs) £4.00 (Adults)
Medals plus extra goodies for all finishers

PUMA PUDSEY 10K

Starts 10.45am at Greenside Primary School, near the cenotaph
Scenic, challenging one lap route on public roads and bridleways
Entry £10.00 Attached £12.00 Unattached plus £2.00 extra for entry on the day
Technical T-shirt for all entrants plus extra goodies

* RACE LICENCE*

No

2014-11628



FOR MORE INFORMATION SEARCH ON FACEBOOK OR TWITTER

www.pudseypacers.com/events/pudsey-10k





Want to keep running or run with other people?

If you want to run for individual goals, fitness or competition, why not come along and benefit from running with Pudsey Pacers? The club meet on Tuesday and Thursday evenings at 6.45pm in Pudsey Leisure Centre.

See www.pudseypacers.com for more details.

Entry fees:

KIDS FUN RUN	£1 (under 8s only)
2 MILE FUN RUN	£2 (9-15s) / £4 adults
10K SENIOR RACE	£10 attached (UKA CLUB)/ £12 Unattached
(10K entry on the day costs an additional £2, but is still eligible for prizes)	

Prizes are awarded to:

- MEN & WOMEN WINNERS & PLACINGS
- AGE CATEGORY PRIZES
- SPOT PRIZES
- CLUBS TEAM PRIZES FOR 10K
- BUSINESS TEAM PRIZES FOR 2M FUN RUN
- TECH T-SHIRT TO ALL 10K ENTRANTS

((£100 FOR MALE &/ OR FEMALE NEW COURSE RECORDS))

Course records: Men: Ian Fisher, Otley AC, 34:02 (2005) Women: Tracey Morris, Valley Striders, 38.45 (2003)

ENTRY FORM (photocopies acceptable)

I wish to enter the Puma Pudsey 10k 2 Mile Fun Run Under 8's Fun Run (please tick appropriate box)

Please circle your preferred 10k t-shirt size: S M L XL

Name DOB Age on day M/F
*** MINIMUM AGE 16 YEARS FOR 10K ***

Address

.....Postcode

Telephone Club Name / Business Team
..... If applicable (3 to count)

Email UKA Membership Number
Attached runners to complete

Closing date for receiving postal entries is Monday, 9th June 2014

10k race limit is 500 participants UKA Race Permit 2014 – 11628

Please note that audio devices and headphones must not be used during any of the scheduled races

Cheques payable to "Pudsey Pacers RC" and valid SAE (approx 9 x 7 ins) to:

Race Secretary, Gary Bailey – c/o Stanningley Commercials, 59-61 Bradford Rd, Pudsey, Leeds LS28 6AT
(07734194028)

Declaration: I agree to abide by England Athletics rules and any other decisions taken by the race director. I confirm that I have no medical conditions which would endanger myself or others taking part. I take part entirely at my own risk and accept that the organisers shall not be liable for any injury to my person or loss of property.

Signature Date Amount enclosed
Parent or guardian if under 18 years

Email: 10kentries@pudseypacers.com Enquiries: 07704213970 Online entries: www.runbritain.com



The race is part of the Leeds Athletics Network 2014 Race Series. There will be approximately 18 races in the series, with distances varying from 1 mile to 10 miles, some road, some off-road. The Series is open to all Leeds residents at no extra cost. For more details see www.leedsathletics.net Please tick here to register

Entry form available at www.pudseypacers.com/events/pudsey-10k