



Eden Runners invite you to the 13th running of this scenic race in the heart of the Lake District

SUNDAY 2ND MARCH 2014 11.30 AM

The Haweswater Half follows an out and back course from Bampton Village (9 miles S of Penrith, 4 miles W of Shap) and passes along the shores of Haweswater in a remote and dramatic mountain valley. The hilly course offers an exhilarating run in unique surroundings.

DETAILS

£14.00 UKA affiliated £16.00 unattached £17.00 on the day (limited numbers)

Closing date 21st February 2014

Enter online at www.BookitZone.com or by filling in the form below.

Send completed entry forms to : Haweswater Half Marathon, c/o UKResults, 1 Sutton Street, Blackburn, Lancs BB2 5ES

For all other enquiries e-mail Julia: joolsk@btinternet.com

Cheques payable to Eden Runners. Please enclose an A5 SAE with correct postage!

All competitors receive a New Balance discount voucher and a race memento.

Prizes: 1st, 2nd, 3rd Male and Female, 1st V40, V45, V50, V55, V60, V65, V70 Male and Female.

For more information, including directions, parking (*limited please lift share if you can*) and accommodation for the race, visit www.edenrunners.co.uk

See www.edenrunners.co.uk for Junior Race details (entries on the day only)

Held under UKA rules, noEAA permit applied for, distance certified accurate.

ENTRY FORM

NAME:

ADDRESS :

AGE on race day:

M/F:

UKA REG NO:

CLUB:

DOB:

E-MAIL:

I hereby declare that I am an amateur according to ~UK Athletics rules and am 17 years or over. I enter at my own risk and will not hold the organizers or sponsors liable for any damage or injury caused by my participation.

Signed

Date