





# Eden Runners invite you to the 14<sup>th</sup> running of this scenic race in the heart of the Lake District

Held under UKA rules, EAA permit applied for, distance certified accurate.

### **SUNDAY 1st MARCH 2015 11.30 AM**

The Haweswater Half follows an out and back course from Bampton Village (9 miles S of Penrith, 4 miles W of Shap) and passes along the shores of Haweswater in a remote and dramatic mountain valley. This hilly course offers an exhilarating run in unique surroundings.

#### **DETAILS**

£15.00 UKA affiliated £17.00 unattached £18.00 on the day (limited numbers)

Closing date 21st February 2015

## Enter online at www.BookitZone.com or by filling in the form below.

Send completed entry forms to: Haweswater Half Marathon,c/o UKResults, 1 Sutton Street, Blackburn, Lancashire. BB2 5ES.

For all other enquiries e-mail Julia: joolsk@btinternet.com

Cheques payable to Eden Runners. Please enclose an A5 SAE with correct postage!

All competitors receive a New Balance discount voucher and a race momento. Prizes: 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Male and Female, 1<sup>st</sup> V40, V45, V50, V55, V60, V65, V70 M/F & Team M/F.

#### LIMITED PARKING please lift share if you can.

For more information, including directions and accommodation for the race, visit  $\underline{\text{www.edenrunners.co.uk}}$ 

See <a href="https://www.edenrunners.co.uk">www.edenrunners.co.uk</a> for Junior Race details (entries on the day only)

## **ENTRY FORM**

NAME:ADDRESS:	AGE on race day: M/F: UKA REG NO: CLUB: DOB:
E-MAIL:	
I hereby declare that I am an amateur according to UK Athletics rules and am 17 years or over. I enter at my own risk and will not hold the organizers or sponsors liable for any damage or injury caused by my participation.	
Signed	Date