



Peter Lowe Memorial Hollins Green 5k

Part of the North Cheshire 5k Grand Prix

A Spectrum Striders RC event



SPECTRUM STRIDERS



Sunday

19th June 2016

Race starts @ 10:00am

Peter Lowe Memorial Hollins Green 5k Road Race

This race is also part of the 2016 Cheshire Grand Prix

Run under UKA rules · Licence No. 2016 licence applied for · Min age 12 years

Postal entries to: Hollins Green 5k,
2 Elton Close, Birchwood, Warrington WA3 6NB

Closing dates: Postal: 11th June 2016 · Online: 16th June 2016

Cheques payable to: Spectrum Striders Running Club

Race enquiries: 01925 818807 e-mail julian@spectrumstriders.org.uk

Race venue: The Village Hall opposite the The Black Swan at Hollins Green,
between Warrington & Manchester (just off the A57, 2.5 miles East
from M6 Junction 21, grid ref 697912, WA3 6LA)

*Accurately measured and certified 5k course · *Entries accepted on day if race limit of 400 not exceeded.*



Entry fees

- » £8.00
- » £6.00 if affiliated to UKA Club
- » + £1.00 on the day entries*

The race

- » Prizes to first 3 finishers
- » Prizes to men's & women's teams
- » Prizes to veteran categories
- » Accurately measured course
- » 400 race limit
- » Entries accepted on day*
- » This is Race 5 in the 5-race North Cheshire Grand Prix (4 to count)
- » Refreshments served after the race

Course records

- » Male: G Tomlinson 15:53 (2015)
- » Female: D McVey 18:26 (2015)



For more information see
www.spectrumstriders.org.uk

Entry form: Hollins Green 5k Road Race & Fun Run

Please complete, printing clearly and tick where appropriate

Surname.....

Forename.....

Address.....

Post Code.....

Contact tel.....

Email address.....

Date of Birth - -

Male Female

UKA Affiliated Club (if any).....

UKA Registration No

OFFICIAL
USE ONLY

Payment received

SAE received

Race No.

V1-2801-16

I wish to enter the 5k race 1k fun run (£2 entry fee)

5k race: Attached entry £6.00. Unattached entry £8.00

Entry fee enclosed £

I enclose a 9" x 6" stamped addressed envelope.

I declare that I am an amateur as defined by UKA rules. I am medically fit to take part and I accept that the organisers will not be responsible for any loss, damage, illness or injury sustained as a result of taking part in the race. A parent or guardian must sign if the runner is under 18.

Signature.....

(Parent or Guardian if under 18)

Date - -

Spectrum Striders will keep your information securely in accordance with our internal security policy. We will only use this information to inform you of Spectrum Striders related material and will not pass your information on to third parties.

Remember your stamped addressed envelope – or you will have to pick-up your number on the day