

# NORTH CHESHIRE [ GRAND PRIX ] 5K RACE SERIES



## RACE 1: Thursday 25th May Dunham Massey 5k

Race 1 • Start @ 19:15 • Coach House (left of Dunham Massey House)

## RACE 2: Friday 2nd June Birchwood Brook 5k

Start 19:30 • Birchwood Community High School, WA3 7PT

## RACE 3: Thursday 8th June Bowdon 5k

Start @ 19:15 • Jubilee Rooms, The Firs, WA14 2TQ

## RACE 4: Thursday 15th June Dunham Massey 5k

Race 2 • Start @ 19:15 • Coach House (left of Dunham Massey House)

## RACE 5: Saturday 17th June Hollins Green 5k

Start @ 16:00 • Rixton and Glazebrook Community Hall, WA3 6LA  
Also 1k fun run at Hollins Green at 16:45. Cost is £2 on the day

Race series sponsored by  
**Westbrook Carpets and Laminates**  
01925 244784 • www.westbrookcarpetsandlaminates.co.uk

**Hosted by:**  
Spectrum Striders Running Club  
and Altrincham & District Athletic Club  
Run under UKA rules • Min age 12 years

**Closing dates:**  
**Postal entries:** 4 days before respective race  
**Online entries:** 2 days before respective race

**Online entries:** www.bookitzone.com

**Postal entries to:** North Cheshire Grand Prix,  
34 Townfield Gardens, Townfield Road, Altrincham, WA14 4DT  
**Cheques payable to:** Spectrum Striders Running Club

**Prizes:** Prizes for 1st 3 men & women and vet categories for each race and an equivalent series prize from the best of 4 races for each age category.

**Entry fees:** See below. Individual, multiple or complete series available – please tick the relevant race(s).

**Race enquiries:**  
01925 818807 • e-mail: [julian@spectrumstriders.org.uk](mailto:julian@spectrumstriders.org.uk)  
0161 927 7401 • email: [manselpope@hotmail.com](mailto:manselpope@hotmail.com)  
More info at [www.spectrumstriders.org.uk](http://www.spectrumstriders.org.uk) Licenses applied for

Entries accepted on day if race limits not exceeded. Additional charges will apply.

Race form by [www.absolutelycreative.co.uk](http://www.absolutelycreative.co.uk)

## MULTIPLE RACE ENTRY FORM

Please complete, printing clearly and tick where appropriate VI-04-01-17

Surname .....

Forename .....

Address .....

Post Code .....

Contact tel .....

Email address .....

Date of Birth   -   -

UKA Affiliated Club (if any) .....

UKA Registration No

**OFFICIAL USE ONLY**  Payment received  SAE received **Race No.**

RACE	CLUB	UNATTACHED	POSTAL CLOSING DATE
<b>FULL SERIES ENTRY</b>	<input type="radio"/> £24	<input type="radio"/> £32	<b>20/05/17</b>
Race 1: Dunham Massey (Race 1)	<input type="radio"/> £6	<input type="radio"/> £8	20/05/17
Race 2: Birchwood Brook	<input type="radio"/> £6	<input type="radio"/> £8	29/05/17
Race 3: Bowdon	<input type="radio"/> £6	<input type="radio"/> £8	03/06/17
Race 4: Dunham Massey (Race 2)	<input type="radio"/> £6	<input type="radio"/> £8	10/06/17
Race 5: Hollins Green	<input type="radio"/> £6	<input type="radio"/> £8	13/06/17

**ENTRY FEE ENCLOSED** £

Cheques payable to **Spectrum Striders Running Club**

I enclose a 9"x 6" stamped addressed envelope.

I declare that I am an amateur as defined by UKA rules. I am medically fit to take part and I accept that the organisers will not be responsible for any loss, damage, illness or injury sustained as a result of taking part in the race. A parent or guardian must sign if the runner is under 18.

Signature .....

(Parent or Guardian if under 18)

Date   -   -

Spectrum Striders will keep your information securely in accordance with our internal security policy. We will only use this information to inform you of Spectrum Striders related material and will not pass your information on to third parties.

**Remember your stamped addressed envelope – or you will have to pick-up your number on the day**