



The Peter Lowe Memorial Hollins Green 5k Road Race

Under UKA rules, race licence applied for

Sponsored by: **Westbrook Carpets & Laminates, (01925 244784)**

Saturday 17-Jun-2017 at 4pm (1k fun run at 4.45pm)

Venue: **Rixton-with-Glazebrook Community Hall**

Manchester Road, Hollins Green, Warrington, Cheshire, WA3 6JZ

The 5k is Race 5 of 5 in the North Cheshire 5k Grand Prix Series



Start & finish for the 5k & the fun run are near the Black Swan

RACE INFORMATION

Thank you for your entry and welcome to the Peter Lowe Memorial Hollins Green 5k road race & fun run. Your race number is enclosed. Please pin it securely to the

front of your kit. If you have a special North Cheshire 5k Grand Prix number (with the red strip) you need to keep that number for all the subsequent races.

Directions & Parking	<p>The race venue is at the Rixton-with-Glazebrook Community Hall, with on-day entries and parking. It is opposite the Black Swan pub at Hollins Green, Nearest motorway junctions are:</p> <ul style="list-style-type: none"> ➤ M6 J21 (follow signs to Irlam along A57 for 2.5miles to Hollins Green) ➤ M62 J11 (follow A574 to & through Culcheth, then SE down B5212 until just before reaching the A57 then turn right into Hollins Green. <p>There is free parking space at the Community Hall & the pub although somewhat limited so if you can share cars please do so.</p> <p>If you need to park on the road, please show due consideration for local residents and do not block any driveways.</p>
Facilities	<p>Basic changing facilities are available at Rixton-with-Glazebrook Community Hall. Race HQ is inside the Hall. This includes: entries on the day, race information, enquiries and computer results (available to view on the day, by post or free to download from our website). We hope that a sports kit retailer may also be available.</p>
Prizes	<p>The main prize presentation will take place at about 5:15pm inside the Community Hall. Awards include:</p> <ul style="list-style-type: none"> • 1st 3 men plus veteran categories; • 1st 3 women plus veteran categories; • 1st men's teams (4 to count, teams registered automatically); • 1st women's team (3 to count, teams registered automatically); <p>Only one individual prize per runner is allowed (excluding team prizes).</p> <p>The 5k series prizes will be awarded as well, so please stay after the race. There will be teas, coffees, and cake while you wait at race HQ..</p>
5km Road Race	<p>The 5k Race begins at 10:00am on the side road behind The Black Swan, the fun run is at 10:45pm. The route is mainly flat, on country roads on the edge of Hollins Green and Glazebrook. It is the 3rd year with the new route, largely on closed roads. The course has been accurately measured. Kilometre markers will be displayed. Drinks will be available at the finish.</p> <p>Results will be published ASAP on www.spectrumstriders.org.uk.</p>
Safety	<p>The race is fully marshalled and first aid cover will be available at the finish. Please will you observe the following in the interests of safety:</p> <ul style="list-style-type: none"> • All of the route is on closed roads apart from the short stretch along the B5212 past Glazebrook railway station. • Please take particular care at road junctions. • Observe normal road safety precautions, especially on the B5212. • Obey the instructions of marshals and police at all times. • Please do not wear headphones as you will not hear safety instructions from marshals.