

# Penny Lane Striders

## 10k Road Race

### Sunday 26<sup>th</sup> June 2016 10:30am



**Chip Timed**  
**Flat course**  
 Part of Merseyside  
**GRAND PRIX**



Age limit 15; Race limit 490; UKA Rules Apply; UK Athletics licence 2015-xxxx

**FLAT, ORGANISED BY RUNNERS FOR RUNNERS, FRIENDLY MARSHALLS**

<b>Venue</b>	<b>Riversdale Police Club, Riversdale Road, Liverpool, L19 3QN</b> <small>Not suitable for wheelchair users, other disabilities must advise in advance to assess suitability</small>	
<b>Entry Fees</b>	UKA Members of affiliated clubs <b>£10</b> Unattached <b>£12</b> (includes £2 UKA levy)	Entries on day <b>£2 surcharge</b>
<b>Prizes</b>	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> Male and Female      1 <sup>st</sup> Vet in each category Team Prizes – First 4 to count – Vests must be worn T-shirt to all finishers	
<b>How to enter &amp; Race Details</b>	<b>Enter online via: <a href="http://www.bookitzone.com">www.bookitzone.com</a></b> <b>OR return form below to:</b> Race Secretary, 54 Tourney Green, Westbrook, Warrington, WA5 7XN together with a cheque payable to <b>Penny Lane Striders and SAE</b> for race information and acknowledgement of cheque receipt. <b>ALL entries: collect your number and chip on the day.</b> <b>Race Details: <a href="http://www.pennylanestriders.club">http://www.pennylanestriders.club</a></b> <b>Contact details: <a href="mailto:pennylane10K@hotmail.com">pennylane10K@hotmail.com</a></b>	

<b>Surname:</b>	<b>First Name:</b>	<b>DOB:</b>
<b>Address:</b>	<b>First Claim Club: (Vest worn)</b>	<b>Age on day:</b>
		<b>UKA Number:</b>
	<b>UKA Affiliated £10</b> <b>Unattached £12</b>	<b>Male or Female:</b>
<b>Email:</b>	<b>Signed</b> by parent/guardian if under 18:  <b>Date:</b>	<b>Office use Only</b>