



**Sunday 10th June 2018 at
10.00am**

A scenic multi-terrain 10k (approx.) and
5k run and 1.5k fun run

1.5km, 10k and 5k: start and finish a
short distance from New House Farm,
SY10 8BT.

1.5k is entirely off road

ENTRY FORM

Minimum age for 10k is 15 yrs. All children entering the 5k must be minimum of 5 yrs old and accompanied by an adult (below age of 12).

Entries will be limited to 150 in the 5k and 10k. The 10k is two laps of the 5k course.

Limited car parking (car share if possible please). No changing facilities but toilets available.

Runners are advised not to run with headphones.

Medals for all finishers in all runs. Prize for oldest (10k,5k) and youngest (10k,5k,1.5k) finisher.

Prizes for 10k,5k and 1.5k races - 1st, 2nd and 3rd in all races.

1.5k: Certificates for 1st place in age categories under 5, 5-7, 7+

Dogs are permitted but must be on a lead at all times and owners assume full responsibility.

Please enter me for: (tick which race)	10k	5k	1.5k
School:			
First name:		Surname:	
Postal address including postcode:			
Phone number:		Sex:	M / F
Email address:		Emergency contact phone number on race day:	
Date of birth:		Running club:	Age on race day:

Entry fees, 10k: £10 + additional £2 for entries on the day **5k:** £8 + £2 for entries on the day **1.5k:** £3

Cheques payable to 'Friends of Kinnerley'.

For BACS payment Please use KCC followed by distance (5, 10or1.5)surname.initial, eg KCC10lewis.s for an entry for S.Lewis into the 10k. For multiple entries on a single BACS payment please use KCC followed by surname and an X. If you could drop us an email to detail the payment and entries this would help us out. Acc no. 90728314 Sort code 20-77-85 Thank you.

Send entries to: kinnerleyfriends@outlook.com or Susie Lewis, New House Farm, Crickheath, Oswestry, SY10 8BT or hand them in to the school office **by 30th May**

Collect race number on the day. Last entries on the day 9.30am

I am medically fit and understand that I enter at my own risk and that the organisers will in no way be held responsible for any injury or illness incurred as a result of this event, or for the loss or damage of any property during the event. If person named above is under 18 then please sign on their behalf. For those bringing dogs I understand that my dog has to be kept on a lead and under control the whole time.

Signed:

Date:

Enquiries: kinnerleyfriends@outlook.com

The organisers are very grateful to our sponsors (see facebook page for details) and to Mr and Mrs RH Lewis for permission to use their land.