



Astley & Tyldesley Road Runners presents the



# GIN PIT 5

5-mile trail race

## Sunday 23<sup>rd</sup> October 2022

Run under UKA rules – Permit No. Applied for

Venue & Registration:

Miners Welfare Club, Gin Pit Village, Ley Road, Tyldesley, Manchester, M29 7DW

**Start Time: 10.00am**

**STRICT RACE LIMIT IS 250 – QUALITY T-SHIRT TO EVERY FINISHER**

Prize List: 1<sup>st</sup> 3 Men & 1<sup>st</sup> 3 ladies, 1<sup>st</sup> Teams (3 to count) Men & ladies

1<sup>st</sup> U/20 Vet 40, 45, 50, 55, 60, 65 and over 70 Men

1<sup>st</sup> U/20 Vet 35, 40, 45, 50, 55, 60 and over 65 Ladies

If a vet wins one of first three prizes, then the next vet in **same** category is promoted

**Course Record Prize - £50.00**

Current course records: Male: Peter Riley 24.27 May 2004

Female: Olivia Walwyn 28.29 April 2009

**Main Race Entry Fees:** £10.00 UKA Attached. £12.00 Unattached. (**£1.00 extra on the day**)

Cheques payable to **Astley & Tyldesley Road Runners**

**ENTRIES TO:** Gin Pit 5, Mark Riches 12 Chalfont Drive, Astley, Manchester M29 7PU

All postal & Online entries to be collected on the day

Closing Date for postal entries: Tuesday 18<sup>th</sup> October

Email: markriches61@gmail.com

Enter online at: [www.ukresults.net](http://www.ukresults.net)

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### Gin Pit 5 Entry Form

Forename.....Surname.....M/F.....D.O.B.....

Age on Race Day (Minimum age 15).....

Running Club / Unattached..... UKA Reg No.....

Address.....

..... Postcode.....

E-mail..... Tel .....

I am an amateur as defined by UK Athletics rules. I am medically fit to take part. I agree that the organisers / sponsors shall not be responsible for any loss, accident or injury (or loss / damage to property) arising from my participation in this event.

Signed.....Date.....

**Race No.**

(Must be signed by parent or guardian if competitor is aged under 18)



From [www.ukresults.net](http://www.ukresults.net)

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## **All race numbers to be collected on the day.**

Please ensure you arrive in plenty of time to collect your race number from registration at the Welfare Club on the morning of the race, registration opens at 9:00am.

## **The race starts at 10.00am prompt.**

**Please ensure that you do not park illegally or inconsiderately** – there will be car parking attendants that will guide you to safe parking zones. Please do not park and block the main roads.

Any illegally parked cars may be subject to Police cautions.

Prizes will be given after the results have been published approx. 11.30 am in the Welfare Club.

***“Come and join us after the race for a drink in the Welfare Club to see the presentation.”***

The course is generally fast but there is a testing climb at the end of each lap.

The trails are normally good so race trainers should be OK but in the event of heavy rain you may want to consider other more suitable footwear.

There will be parking and changing facilities available before and after the race.

## **Gin Pit 5 - Course Map**

The race starts half way up the hill and it is 1 x small loop (black arrows)  
Followed by 2 x large loops (blue arrows)